



Fall 2011 Session: Girls Rock! Wednesdays

We are seeking 10 adult women mentors, 2 possible subs and 2 volunteer drivers (with good driving records)!

Mentors must be able to attend ALL sessions, on time. If you cannot commit to attending ALL sessions below, we'd still love to have you! Please let us know if you're interested in volunteering as an occasional sub, driver, or Community Climb Night volunteer or organizer.

Session	Location	Date	Time
Mentor Training (Mentors only)	TBD. Seattle area.	Saturday, Sept. 10	10am-5pm
Overnight Mentor Training: Rock Skills & Facilitation (Mentors only)	TBD. Possibly Vantage, WA Frenchman Coulee Climbing area	Saturday, Sept. 17- Sunday Sept. 18th	TBD on Saturday morning, back in Seattle by 5pm Sunday.
Orientation & Low Ropes Challenge Course	Eagle Rock Challenge Course. Carpool from Seattle	Saturday, Sept. 24th	8am – 5pm
Gym Session #1	Vertical World Climbing Gym	Wednesday, Sept. 28th	4-7:30pm
Gym Session #2	Vertical World Climbing Gym	Wednesday, Oct. 5th	4-7:30pm
Gym Session #3	Vertical World Climbing Gym	Wednesday, Oct. 12th	4-7:30pm
Gym Session #4	Vertical World Climbing Gym	Wednesday, Oct. 19th	4-7:30pm
Mentor Dinner & Outdoor Weekend Planning (Mentors only)	Mentor's home-TBD.	Tuesday, Oct. 25th	6-9:30pm
Gym Session #5	Vertical World Climbing Gym	Wednesday, Sept. 28th	4-7:30pm
Outdoor Climbing Weekend & Overnight Camping	Vantage, WA— Frenchman Coulee area	Saturday Oct. 29- Sunday Oct. 30	7:00am Saturday- 5pm Sunday
Gym Session #6	Vertical World Climbing Gym	Wednesday, Nov. 2nd	4-7:30pm
Gym Session #7	Vertical World Climbing Gym	Wednesday, Nov. 9th	4-7:30pm
Gym Session #8 (Skip session on Thanksgiving week)	Vertical World Climbing Gym	Wednesday, Nov. 16th	4-7:30pm
Gym Session #9	Vertical World Climbing Gym	Wednesday, Nov. 30th	4-7:30pm
Courage Project Service Day	TBD. Girls choose service partner.	Saturday, Nov. 26th	TBD
Graduation Celebration	Vertical World Climbing Gym	Saturday, Dec. 3rd	6:30-9:30pm Girls arrive at 7pm.
Mentor Dinner & Program Feedback (Mentors only)	Mentor's home-TBD.	Tuesday, Dec. 6th	6-9:30pm



Spring 2011 Session: Girls Rock! Wednesdays

We are seeking 10 adult women mentors, 2 possible subs and 2 volunteer drivers (with good driving records)!

Mentors must be able to attend ALL sessions, on time. If you cannot commit to attending ALL sessions below, we'd still love to have you! Please let us know if you're interested in volunteering as an occasional sub, driver, or Community Climb Night volunteer or organizer.

Session	Location	Date	Time
Mentor Training (Mentors only)	TBD. Seattle area.	Saturday, Feb. 18	10am-5pm
Overnight Mentor Training: Rock Skills & Facilitation (Mentors only)	TBD. Possibly Vantage, WA Frenchman Coulee Climbing area	Saturday, Feb. 25- Sunday Feb. 26th	TBD on Saturday morning, back in Seattle by 5pm Sunday.
Orientation & Low Ropes Challenge Course	Eagle Rock Challenge Course. Carpool from Seattle	Saturday, March 3rd	8am – 5pm
Gym Session #1	Vertical World Climbing Gym	Wednesday, Mar. 7th	4-7:30pm
Gym Session #2	Vertical World Climbing Gym	Wednesday, Mar. 14th	4-7:30pm
Gym Session #3	Vertical World Climbing Gym	Wednesday, Mar. 21st	4-7:30pm
Mentor Dinner & Outdoor Weekend Planning (Mentors only)	Mentor's home-TBD.	Tuesday, Mar. 27th	6-9:30pm
Gym Session #4	Vertical World Climbing Gym	Wednesday, Mar. 28th	4-7:30pm
Outdoor Climbing Weekend & Overnight Camping	Vantage, WA— Frenchman Coulee area	Saturday Mar. 31- Sunday April 1st	7:00am Saturday- 5pm Sunday
Gym Session #6	Vertical World Climbing Gym	Wednesday, April 4th	4-7:30pm
Gym Session #6	Vertical World Climbing Gym	Wednesday, April 11th	4-7:30pm
Gym Session #7 (Skip session over Spring Break week)	Vertical World Climbing Gym	Wednesday, April 25th	4-7:30pm
Gym Session #8	Vertical World Climbing Gym	Wednesday, May 2nd	4-7:30pm
Courage Project Service Day	TBD. Girls choose service partner.	Saturday, May 5th	TBD
Gym Session #9	Vertical World Climbing Gym	Wednesday, May 9th	4-7:30pm
Graduation Celebration	Vertical World Climbing Gym	Saturday, May 12th	6:30-9:30pm Girls arrive at 7pm.
Mentor Dinner & Program Feedback (Mentors only)	Mentor's home-TBD.	Tuesday, May 15th	6-9:30pm