

# DELEGATION MEETINGS

The greatest opportunities that you will have with your teens as a group will take place at your delegation meetings. Between October and May, you will take them through a whole range of experiences, challenging them to grow, offering them opportunities to think about new ideas and possibilities and supporting them as they take new risks.

## Opening Meeting

The first meeting that you hold will help to set the tone for the year.

Many advisors like to have treats (pizza, chips, cheese & crackers, juice) available as an "incentive" to recruit students to the first meeting.

**Parents are also encouraged to attend this meeting so you can meet them face-to-face, outline the expectations of their students and their role in the program, and have them fill out the appropriate registration forms on the spot.**

Your opening meeting need not be too complex, as the idea is to get the attendees excited about the programs. It is important to get their basic contact information and a sense of whether they'll come back the following week.

A first meeting might look as follows:

- Welcome**
- Introductions**
- "Get to know you game"**
- Program Overview**
- Nuts and Bolts**

This is the time where you would distribute the calendar, costs sheet, registration form, etc. On the registration form, at a minimum you want to get the following:

- Name, Address, Phone, Email, Grade, Date of birth, Parents first and last names (and address if different than delegate).

**You'll want to collect these before the delegates leave the meeting.**

- Ground Rules and Expectations**

This is a great time to cover the "YMCA Core Values" of *Honesty, Respect, Caring and Responsibility* and how they relate to the program. This is also where you can cover Y&G rules (found in handbook) and any other delegation rules that you have.
- Q&A**
- Closing**