



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WHERE YOU BELONG

FACILITY MEMBERSHIP

SAMMAMISH FAMILY YMCA

Step into the Sammamish Y and find out how great a place this is! Both members and staff love being a part of the Y- you can see it in their attitude and smile. Enjoy access to our fitness center, full-size gymnasium, wellness studio, fitness classes, aquatics programs, special events, and programs for all ages!

Local Facility Membership <i>Access to Samm. Y only</i>	Join Fee	Monthly Dues
Adult (26-64)	\$60	\$51
Family 2 Two adults in the household & all dependants	\$80	\$74
Family 1 One adult in the household & all dependants	\$55	\$62
Couple	\$70	\$65
Senior (65+)	\$55	\$41
Youth (up to 13)	\$25	\$24
Teen/Young Adult (14-25)	\$30	\$29

Greater Seattle Membership <i>Access to all 12 Ys</i>	Join Fee	Monthly Dues
Adult (26-64)	\$100	\$60
Family 2 Two adults in the household & all dependants	\$125	\$99
Family 1 One adult in the household & all dependants	\$100	\$78
Couple	\$125	\$93
Senior (65+)	\$75	\$51
Youth (up to 13)	\$25	\$29
Teen/Young Adult (14-25)	\$50	\$35

Rates effective October 1, 2011

FACILITY MEMBER BENEFITS

- Complimentary health consultation
- Unlimited Group Exercise classes
- Basketball Gym
- Lap Swim, Family Swim and Water Fitness
- Complimentary hand towel service and use of day lockers
- Reduced fees for programs
- Priority registration for programs

FAMILY PROGRAM MEMBERSHIP

\$50 annually

Allows families the ability to participate in fee-based programs, including swim lessons, swim team, youth sports, after school programs, summer camps, Adventure Guides and more. This membership does not include use of the facility including family swim, fitness center, and basketball gym.



SAMMAMISH FAMILY YMCA

4221 228th Ave Se Suite C, Issaquah WA 98029
P (425) 391-4840 F (425) 391-4815 sammamishymca.org

Everyone is welcome. Financial assistance is available. The YMCA of Greater Seattle strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.

IDENTIFICATION REQUIRED

The YMCA is a membership organization. Photo ID with proof of age is required for membership as well as day passes and guests.

METHODS OF PAYMENT

- Credit Card or EFT automatic withdrawal: Your membership is automatically withdrawn from your checking or savings account or charged to your credit card once a month. We accept Visa, MC, AMEX and Discover.
- Annual payment: Dues may be paid in full on an annual basis. Payment is accepted via cash, check, or credit card.

CANCELLATION POLICY

The YMCA does not require contracts. To cancel your facility membership, you must provide a **minimum of 14 days written notice prior to your monthly dues withdrawal date**. Your membership can be reinstated within 30 days of cancellation without a reinstatement fee (join fee).

100% SATISFACTION GUARANTEE

In keeping with the YMCA mission and our association customer service pledge, the Sammamish Y offers a 100% money back guarantee. If within the first 30 days of membership you are not satisfied with your YMCA experience, simply cancel your membership for a full refund.

EVERYONE IS WELCOME

The YMCA is a membership organization open to all people. The YMCA welcomes women and men, girls and boys of all ages, races, ethnicities, religions, abilities and financial circumstances. Programs and branches embrace diversity, reflecting the needs and composition of the communities they serve.

MEMBERSHIPS "ON-HOLD"

Memberships may be put on "hold" for a minimum of one month and up to one year. A medical leave is available at no cost to those who provide documentation. A \$5 (Local Facility Membership) or \$10 per month (Greater Seattle Membership) "hold" fee will be assessed per month for non-medical reasons. 14 days written notice is required before your next payment date to put your membership on hold for the upcoming month.

A.W.A.Y. "Always Welcomed at YMCAs"

When you become a member of the Sammamish Family YMCA you become a member of a nationwide association of people that helps build strong kids, strong families and strong communities. When planning a trip away from home, call (800) 333-9622 or visit www.ymca.net to find a YMCA in your destination location.

FINANCIAL ASSISTANCE

If you cannot afford the full cost of a YMCA program or membership, please ask for a confidential scholarship application. Financial assistance, to the extent possible, is available to those in need thanks to the YMCA Partners With Youth Campaign and United Way Funds.

LOST AND FOUND

The YMCA is not responsible for lost or stolen articles. Lost and Found items are kept at the Member Services Desk in the fitness center for 14 days and then donated to a charitable organization.

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INSURANCE DISCLAIMER

It is the member or participant's responsibility to provide his or her own accident and health insurance. The YMCA does not provide any such coverage for members or participants.

CODE OF CONDUCT

The YMCA is committed to providing a positive atmosphere that is safe and inclusive to all in our community. In order to ensure this, the YMCA of Greater Seattle has adopted a code of conduct to govern the actions and behavior of all people while in our facilities and while participating in YMCA programs.

All individuals using the Sammamish YMCA facility are expected to conduct themselves in a manner consistent with the YMCA Core Values of caring, honesty, respect, and responsibility.

Failure to do so may result in immediate dismissal from the premises and may result in termination of membership privileges.

FACILITY AGE GUIDELINES

The following general guidelines apply to all youth members or guests who are not participating in a supervised, structured program while in the facility.

AGE 7 AND UNDER must have direct supervision at all times.

AGE 8-10 must be accompanied by a supervising individual who remains in the building but does not have to be in the same area as the youth. The youth may sign themselves in and out of the program areas if required and follow the age restrictions posted for specific rooms and activities.

AGE 11-13 are not required to be accompanied by a supervising individual but are subject to age restrictions for specific areas.

AGE 14 AND OLDER are considered adults only for the purpose of use of the facilities and programs. They may sign themselves in and out of program areas within the facility and may participate in fitness classes unaccompanied by an adult. Orientation to the facility and equipment is strongly recommended.

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BUILDING HOURS

Monday-Thursday 6:00am-9:00pm
Friday 6:00am-8:00pm
Saturday & Sunday 9:00am-5:00pm

Please remember to bring your membership card for access to the facility. If you do not have your membership card, or are a guest of a member or first-time visitor, **picture ID is required.**

CHILD WATCH HOURS

Monday through Friday 9:00am-11:00am
Ages 6 months-6 years

Child Watch is complimentary for those members who have a Family 1 or Family 2 membership. All others are \$5 per visit.

HOLIDAY HOURS

Thanksgiving Day- CLOSED
Christmas Eve, Dec 24 - closed at 12pm
Christmas Day, Dec 25 - CLOSED
New Years Eve, Dec 31 - closed at 3pm
New Years Day, Jan 1 - CLOSED
MLK Jr Day, Easter Sunday, Memorial Day, 4th of July,
Labor Day- CLOSED

YMCA OF GREATER SEATTLE BRANCH LOCATIONS

Northshore YMCA- Bothell
Dale Turner Family YMCA- Shoreline
University Family YMCA- Seattle
Bellevue Family YMCA- East Bellevue
Meredith Mathews East Madison YMCA- Seattle
Downtown YMCA- 4th and James in Seattle
West Seattle Family YMCA- West Seattle
Coal Creek Family YMCA- Newcastle
Sammamish Family YMCA- Sammamish Plateau
Snoqualmie Valley YMCA- Opening January 2012
Fautleroy YMCA- West Seattle
Matt Griffin YMCA- SeaTac
Auburn Valley YMCA- Auburn

For additional branch information log on to the YMCA of Greater Seattle web page at seattleyymca.org and click on locations.

GIVE, GROW, LEARN

The annual **YMCA Partners With Youth Annual Support Campaign** provides a safety net for families by providing scholarships for child care, summer camp, and youth and teen programs. Your investment makes a big difference in the lives of children! For more information about how you can help support youth contact Linda Toycen at 425-391-4840 or email ltoycen@seattleyymca.org.

GET INVOLVED - BE A VOLUNTEER!

Volunteerism is at the heart of the YMCA and is the foundation for many of the programs and services that the YMCA provides. We welcome your expertise, willingness and talents to make the Sammamish Y a fantastic community. Volunteer opportunities are facility and community based, working with youth, teens, seniors and community members. Whether you are looking for work experience, a way to meet new people or a way to give back - the Y will help you get involved! For more information contact Kim Payne at kpayne@seattleyymca.org.

CONTACT US

CENTER DIRECTOR (MEMBERSHIP, HEALTH & WELL-BEING, FACILITY OPERATIONS)
Kim Payne, kpayne@seattleyymca.org

AQUATICS, BIRTHDAY PARTIES & AOA ADVENTURES
Paul Ankenman, pankenman@seattleyymca.org

YOUTH & TEEN LEADERSHIP DEVELOPMENT
Hilary Mayhew, hmayhew@seattleyymca.org

PARENT-CHILD (ADVENTURE GUIDES) and ANNUAL CAMPAIGN
Linda Toycen, ltoycen@seattleyymca.org

YOUTH SPORTS
Vicky Hinds, vhinds@seattleyymca.org

SCHOOL AGE CHILD CARE & DISCOVERY CAMP
Clara Larco, clarco@seattleyymca.org

SNOQUALMIE ELEM. SACC & KIDS UNIVERSITY
Stacy Holdren, sholdren@seattleyymca.org

OPSTAD & NORTH BEND ELEM. SACC
Kevin Hughbanks, khughbanks@seattleyymca.org

OUTDOOR DAY CAMP
Stacy Holdren, sholdren@seattleyymca.org

EXECUTIVE DIRECTORS
Joan Steberl, Eastside Operations, jsteberl@seattleyymca.org
Marcia Isenberger, Regional Executive Director,
misenberger@seattleyymca.org

BOARD OF MANAGERS
Lesley Austin- Board Chair, Clint Scott, Kathy Huckabay,
Eric Flaten, Randy Nevin, Jon Congdon, Tom Sante



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