



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

VOLUNTEERING

Interested in being a volunteer?

Auburn Valley YMCA

Volunteers are at the heart of what we do in the YMCA. They spend thousands of hours tutoring, teaching group exercise, raising funds for financial assistance, defining YMCA policy and more. But even more than that, they spent those hours being good role models, instilling positive values, teaching leadership skills and restoring dignity to working families. Volunteers gain new skills, give back to their community, set an example for their kids, and meet lots of wonderful people. We hope you'll join them in volunteering at the YMCA.

If you are interested in becoming a volunteer, please carefully read the information and instructions that follow this page before submitting your application. The more information we get on your application, and the better you understand our processes, the sooner we can try to match you to a great volunteer opportunity.

Auburn Valley YMCA
1620 Perimeter Rd SW
Auburn, WA 98001
253-833-2770
Auburnvalleymca.org

APPLYING FOR A VOLUNTEER OPPORTUNITY AT THE AUBURN VALLEY YMCA

Please note: a completed volunteer application is NOT a guarantee of placement in a volunteer opportunity.

Complete the Program Volunteer Application. Be sure to:

- list at least one position you're interested in, or a general category of interest
- list three references we can contact – NOT family or household members
- read and sign the back of the application (and get parent/guardian signature if you are under 18 years of age; also see special notes for teens, below).

Give the attached reference check forms to three work, school and/or personal references, to be completed and sent directly to the YMCA. We need to receive at least two of these back to proceed.

Submit your application to Allison Bain in the program office.

WHAT HAPPENS NEXT?

1. Your application will be forwarded to the potential supervisor based on your interest area and you'll be contacted by phone to ensure that there is a "fit" for both you and the program.
2. Before starting, you'll be required to complete a Volunteer Intake Packet, including a background check with Washington State Patrol, criminal history and orientation. This is done by appointment with Allison Bain. You will need to bring photo ID with you to this appointment. The appointment takes about 20 minutes.

This process takes time – thank you for your patience!

SPECIAL NOTES:

At this time, we do not have volunteer opportunities for persons age 13 and under.

COURT-ORDERED SERVICE

We do accept a few applications for court ordered community service if you have not been charged with or any history of crimes involving any sort of violence / molestation / domestic violence / threat / weapons to another person and have more than 25 hours to complete.

Our application process takes at least 2 weeks – if your deadline is close, we will not be able to help you.

Court-Ordered volunteers clean cardio machines, wash windows, dust, weed, pick up litter and clean locker rooms. They cannot volunteer in any program with children.

The YMCA of Greater Seattle does not exchange volunteer services for membership or program fees.

**SOME OF THE VOLUNTEER POSITIONS AVAILABLE (WITH DATES/TIMES)
AT THE AUBURN VALLEY YMCA:**

Activities With Kids and/or Families (time are approximate and subject to change):

- Infant/Toddler Child Watch Aide (M – Sat, 8:15am – 1pm and 4pm – 8pm)
- Youth Adventure Zone Aide (M – Sat, 8:15am – 1pm and 4pm – 8pm)
- Birthday Party Aide (Saturdays & Sundays 12 – 5pm)
- Parent's Night Out Aide (2nd Sat of month, 5:00 – 10pm)
- Youth Sports (coaching or helping coach a team, referring)
- After-School Program Aide ** (M – F, 3 – 6pm, at Carriage Crest, Fairwood, Ilalko, and Sherwood Forest)

Activities With Teens:

- Teen Center Assistant (M – F, 4:00 – 8:00pm)
- After school Teen Programs (varies)

In The Pool:

- Swim Lesson Instructors and Aides (varies each session)
- Slide Attendant (Evenings/Weekends)

Health & Fitness:

- Fitness Class Aide (varies)
- Fitness Instructor* (varies)
- Weight/Cardio Room Monitor/Orientation Leader (varies)
- Personal Fitness Trainer* (varies)

Member Services, Administrative Offices and more:

- Membership Desk Assistant (varies)
- Administrative Office Aide (very limited, usually M – F during the daytime)
- Special Event Aides – Campaign Meetings in February, Healthy Kids Day in April, and more – help with set-up, take-down, and other activities at a YMCA event!
- Partners With Youth Campaign Volunteers (raise funds to provide scholarships for YMCA programs to low-income youth & families, or families in temporary need due to economic crisis)

**Certifications Required- Call for details*

***State licensing requires that volunteers be at least 16 years old in these programs and complete extra paperwork.*

**For more information on these or other volunteer opportunities, call
Allison Bain at 253-876-7565 or abain@seattleyymca.org**