

MEMBERSHIP RATES

All Membership dues are paid monthly with a credit card or automatic bank draft. We do offer annual memberships that can be paid in cash up front. If either of these options provides a financial hardship for you and your family, please ask to see the Membership Director for special accommodations.

GREATER SEATTLE MEMBERSHIP

Enjoy full facility access to 12 facilities in King County during regular membership hours.

CATEGORY	MONTHLY DUES	JOIN FEE
Adult (26-64)	\$60	\$100
Adult Couple	\$93	\$125
Family 2 (2 Adults)	\$99	\$125
Family 1 (1 Adult)	\$78	\$100
Senior (65+)	\$51	\$75
Young Adult (14-25)	\$35	\$50
Youth (0-13)	\$29	\$25

TRIANGLE MEMBERSHIP

Enjoy full facility access to all 25 YMCA locations throughout the Puget Sound. Perfect for those who travel or commute for work.

CATEGORY	MONTHLY DUES	JOIN FEE
Adult	\$69	\$125
Family 2 (2 Adults)	\$99	\$150
Family 1 (1 Adult)	\$78	\$125

DAILY MEMBERSHIP

Individuals who are not members of the YMCA of Greater Seattle but would like to have access to the facility are able to do so by providing a valid picture ID (photograph and a birth date), completing the YMCA of Greater Seattle Daily Application and paying the appropriate daily fee.

CATEGORY	DAILY FEE
Youth	\$5
Senior	\$9
Adult (14-64)	\$10
Family 1	\$12
Couple	\$15
Family 2	\$20

PROGRAM MEMBERSHIP

Enjoy limited access to fee-based programs. Program Members may not use the facility during non-program times. We offer annual household \$50 program memberships for up to two adults and all dependent children.

FACILITY INFORMATION

14230 Bel-Red Road
Bellevue, WA 98007
425 746 9900
bellevueymca.org

HOURS OF OPERATION

Monday – Friday 5 am – 10 pm
Saturday & Sunday 7 am – 7 pm

HOLIDAY CLOSURES & AMENDED HOURS

New Years Day	Closed
Martin Luther King, Jr. Day	Closed
Easter Sunday	Closed
Memorial Day	Closed
Fourth of July	Closed
Labor Day	Closed
Thanksgiving Day	Closed
Christmas Eve	Close at 2 pm
Christmas Day	Closed
New Year’s Eve	Close at 5 pm

ANNUAL IMPROVEMENT WEEK

YMCA of Greater Seattle branches close for one week for annual improvements. We will provide you with 30 days notice prior to our scheduled closure. While we are closed, please feel free to visit any of the 11 other branches included in your YMCA of Greater Seattle membership.

JOIN US IN BUILDING COMMUNITY

“LIKE” US ON FACEBOOK

Bellevue Family YMCA has a Facebook page! We are able to provide instant communication to our members and guests through this page. Became a fan and become the first to find out when our schedules are online and more. Search for Bellevue Family YMCA.

VOLUNTEER

The Y was founded on volunteerism and offers opportunities for teens, families, adults and seniors to serve in programs, in fund-raising and as policy volunteers. For more information visit our website to learn how you can help and get started.

MAKE A DONATION

Each year, the Bellevue Family Y steps up to meet our community’s challenges and strengthen our future through our Annual Support Campaign. Last year, we raised over \$180,000 to ensure that no child, individual or family is turned away because of an inability to pay.

With .95 cents of every dollar donated going to the cause, you can be sure that together we can make a difference. Please consider a gift to the YMCA this year. Contact Tana Graedel at 425 990 6971 or tgraedel@seattleyymca.org to learn more about how the Y is making a difference in your community.



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

A HEALTHIER YOU A STRONGER COMMUNITY

Membership Guide

BELLEVUE FAMILY YMCA

WELCOME

We’re a gym, but we’re not just a gym. We’re a charity, but we’re not just a charity. We’re about families, but we’re also about singles, college students, new couples and empty-nesters.

Above all, we’re about community.

When you join the Y, you’re joining a powerful association of men, women and children joined together by a shared commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility. We believe that lasting personal and social change can only come about when we work together to invest in our kids, our health and our neighbors.

At the Bellevue Family Y, we’ve created a gathering place where families can engage in activity together, youth and teens can learn life and leadership skills, seniors can socialize and improve their health and adults can find community, well-being and support.

5 GREAT REASONS TO JOIN

1. No contracts
2. Y staff are your trusted experts in adult & family wellness
3. Over 100 classes & programs included in your membership
4. Total Health - a balanced approach to healthy lifestyles
5. Fun and affordable for the whole family

OUR MISSION

Building a community where all people, especially the young, are encouraged to develop their fullest potential in spirit, mind, body. We live our mission daily, one person and relationship at a time:

- Reaching 171,500 people of all backgrounds, abilities and financial circumstance.
- Nurturing 84,000 children to develop their gifts and give back to our community
- Engaging 9,500 volunteers who contributed nearly 9,000 hours of service
- Working with 12,000 Annual Support Campaign donors investing \$4.6 million in local kids and families.

OUR CAUSE

At the Y, strengthening community is our cause. We work side-by-side with our neighbors throughout King and south Snohomish counties to help kids and families thrive - and apply their positive behaviors and goals at home, school, the workplace and beyond.

OUR PROMISE

The Y is a powerful association of men, women and children of all ages and from all walks of life joined together by a shared passion: to strengthen the foundations of community.

Though the world may be unpredictable, one thing remains certain - the Y is, and always will be, dedicated to building healthy, confident, connected and secure children, adults, families and communities.

Everyone is welcome. Financial assistance is available.

The **YMCA of Greater Seattle** strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility.

BELLEVUE FAMILY YMCA
14230 Bel-Red Road, Bellevue, WA 98108
P 425 746 9900 F 425 746 6265 bellevueymca.org

FACILITY MEMBERSHIP BENEFITS

You and your family’s health and well-being is a priority at the Y. Whether you are looking to find that personal balance or spend quality time with family and friends, we have the programs, activities and experts to guide you toward a healthier, happier lifestyle. Enjoy your Y membership seven days a week. Please remember to bring your membership card for access to the facility.

MEMBERSHIP BENEFITS

- Free New Member Orientations
- Y Personal Fitness Program for new or returning exercisers
- Equipment Consultations
- Group exercise classes
- Complimentary towel service & use of day lockers
- Reduced fees & priority registration for programs
- Certified, professional & friendly staff

MEMBERSHIP AMENITIES:

- Swimming Pool
- Whirlpool & Sauna
- Cardiovascular & Selectorized Machine Rooms
- Free Weight Room
- Wellness Studios
- Group Cycling Studio
- Gymnasium
- Massage Room
- Running Track
- Child Watch
- Youth Development Centers
- Locker Rooms

POLICIES & PROCEDURES

EVERYONE IS WELCOME

The YMCA is a membership organization open to all people. The YMCA welcomes women and men, girls and boys of all ages, races, ethnicity, religions, abilities and financial circumstances. Programs and branches embrace diversity, reflecting the needs and composition of the communities they serve.

GUEST POLICY

All guests of the Bellevue Family YMCA are asked to provide picture ID, complete a YMCA of Greater Seattle Daily Application on their initial visit and sign our daily liability waiver for subsequent visits.

Facility Member Guest Privileges

YMCA of Greater Seattle Facility Members may bring 12 guests per calendar year to any of the YMCAs of Greater Seattle. Guest passes are tracked electronically in the YMCA system.

Triangle Member Guest Privileges

Triangle Members may bring 12 guests per calendar year to any of the following YMCA Associations: YMCA of Greater Seattle, YMCA of Snohomish County, Tacoma Pierce County YMCA and Kitsap Family YMCA.

A.W.A.Y “Always Welcomed at YMCAs” Member Privileges

When you become a member of the Bellevue Family YMCA you become a member of a nationwide association of people that helps build strong kids, strong families and strong communities. When planning a trip away from home, call (800) 333-9622 or visit www.ymca.net to find a YMCA in your destination location.

FINANCIAL ASSISTANCE

If you cannot afford the full cost of a YMCA program or membership, please ask for a confidential scholarship application. Financial assistance, to the extent possible, is available to those in need thanks to the YMCA Partners With Youth Campaign and United Way Funds.

DISABILITIES

If you have a disability, need further assistance or more information, please contact the Bellevue Family YMCA at 425.746.9900 or via our TTY line at 206.382.5246

100% SATISFACTION GUARANTEE

In keeping with the YMCA mission and our association customer service pledge, the Bellevue Family YMCA offers a 100% money back guarantee. If within the first 30 days of membership you are not satisfied with your YMCA experience, simply cancel your membership for a full refund.

INSURANCE DISCLAIMER

It is the member or participant’s responsibility to provide his or her own accident and health insurance. The YMCA does not provide any such coverage for members or participants.

LOST AND FOUND

The YMCA is not responsible for lost or stolen articles. Lost and Found items are kept at the Member Services Desk for 14 days and then donated to a charitable organization.

IDENTIFICATION

The YMCA is a membership organization. Photo ID with proof of age is required for membership.

MEMBERSHIP CARDS

In an effort to provide a safe place for your family, we give each member, including children, a membership card and ask that you always present it to gain admittance to any YMCA. You may purchase a new card at any time for \$5.

REFUND POLICY

All schedules, activities, class fees and staff may be changed or cancelled by the YMCA without notice. If the YMCA cancels a class that has a fee, a full refund or credit toward another session will be issued.

CANCELLATION POLICY

The YMCA does not require contracts. To cancel your facility membership, you must provide a minimum of 14 days written notice prior to your bank draft date. Your membership can be reinstated within 30 days of cancellation without a reinstatement fee.

MEMBERSHIPS “ON-HOLD”

Memberships may be put on “hold” one time per calendar year for up to 12 months. This provides an extended leave from your membership but saves you from repaying the joining fee when you return. There is a \$10 monthly fee for this service. If you are unable to participate at the YMCA due to a medical condition, you may request a medical leave without monthly dues with a note from your care giver.

RETURNED CHECKS & DECLINED CHARGES

The YMCA reserves the right to charge a \$30 service fee on all returned checks, electronic fund transfers and declined reoccurring credit card charges.

PROPER ATTIRE

For your safety and the safety of others and to keep our YMCA clean, we ask that you adhere to the following clothing policies:

- Shirts are required to be worn at all times throughout the facility
- Closed-toes shoes are required at all times in the cardio/strength areas
- Street shoes are not allowed on the pool deck
- Any child not potty-trained is required to wear a swim diaper covered with appropriate swim suit in the pool.

YMCA AGE GUIDELINES

In order to provide a safe and positive experience for the youth of our community, the following guidelines related to facility use by YMCA members and guests will apply. These guidelines apply to YMCA branch facilities and may vary from other YMCA program venues such as off-site teen centers, outdoor facilities and camps.

“Supervising individuals” are defined as persons 14 years or older. The following general guidelines apply to all youth who are not participating in a supervised, structured program while in the facility.

FACILITY AGE GUIDELINES

Youth ages 7 and under must have direct supervision at all times.

Youth ages 8-10 must be accompanied by a supervising individual who remains in the building. The supervising individual does not have to be in the same area as the youth.

Youth ages 11 – 13 are not required to be accompanied by a supervising individual but are subject to the age restrictions for specific areas as outlined below.

Youth ages 14 and older are considered adults only for the purpose of use of the facilities and programs. They may sign themselves in and out of program areas within the facility and may participate in adult fitness classes unaccompanied by an adult. Orientation to the facility and equipment is strongly recommended.

AGE GUIDELINES FOR SPECIFIC AREAS

Weight/Cardiovascular Rooms. Youth age 14 and older may use these areas without supervision after completing an orientation with YMCA fitness staff. Youth ages 10-13 must be accompanied by a supervising individual who remains in the room and is actively monitoring the youth. Youth age 10 and under are not permitted in weight/cardiovascular rooms (exceptions may be made for infants that are secured in an approved device and that are in close proximity to an adult).

Pool (this applies to open/recreational swim times). Youth age 7 and under must be accompanied by a supervising individual who is present in the pool area. All youth are subject to swim testing and the applicable restrictions based on swimming ability which may include an adult accompanying the child in the water.

Whirlpool. Children age 5 and under are not permitted in whirlpools. Youth ages 6-13 must be supervised by an individual who is present in the in whirlpool.

Sauna/Steam. Children age 13 and under are not allowed in sauna/steam facilities.

Locker/Shower Facilities. Youth age 5 and under may use the opposite sex locker room if accompanied by a supervising individual. Children 6 years and older must use the same gender locker room and showers.

Exercise Classes. Youth ages 10-13 may participate with a supervising individual if they are willing and able to follow class structure.

YMCA CODE OF CONDUCT

The YMCA is committed to providing a positive atmosphere that is safe and inclusive to all in our community. In order to ensure this, the YMCA of Greater Seattle has adopted a code of conduct to govern the actions and behavior of all people while in our facilities and while participating in YMCA programs.

All individuals using the Bellevue Family YMCA facility are expected to conduct themselves in a manner consistent with the YMCA Core Values of caring, honesty, respect and responsibility. Failure to do so may result in immediate dismissal from the premises and may result in termination of membership privileges. For the complete Code of Conduct, please ask for a copy at the Member Services desk.