## GYM SCHEDULE

**August 2023**

### West Seattle YMCA

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AM</strong></td>
<td><strong>Open East &amp; West Gym 6am-8:30am</strong></td>
<td><strong>Open East &amp; West Gym 6am-8:30am</strong></td>
<td><strong>Pickle Ball East Gym 6am-8:30am</strong></td>
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<td><strong>Open East &amp; West Gym 6am-8:30am</strong></td>
<td><strong>CLOSED</strong></td>
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<tr>
<td></td>
<td><strong>Open East Gym 2pm-4pm</strong></td>
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<td><strong>Open West Gym 2pm-4pm</strong></td>
<td><strong>Open East Gym 2pm-4pm</strong></td>
<td><strong>Open East &amp; West Gym 7am-9am</strong></td>
<td><strong>CLOSED</strong></td>
</tr>
<tr>
<td><strong>PM</strong></td>
<td><strong>Open East Gym 4pm-5:30pm</strong></td>
<td><strong>Open West Gym 4pm-5:30pm</strong></td>
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<td><strong>Open West Gym 4pm-5:30pm</strong></td>
<td><strong>Open East Gym 4pm-5:30pm</strong></td>
<td><strong>Open East &amp; West Gym 2pm-9pm</strong></td>
<td><strong>CLOSED</strong></td>
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<tr>
<td></td>
<td>**Kids Gym Drop In West Gym 4:30pm-7:30pm</td>
<td><strong>Youth Sports East Gym 4:30pm-7:30pm</strong></td>
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<td><strong>Open East &amp; West Gym 2pm-7pm</strong></td>
<td><strong>CLOSED</strong></td>
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<tr>
<td></td>
<td><strong>Open East &amp; West Gym 7pm-9pm</strong></td>
<td><strong>Open East Gym 7pm-9pm</strong></td>
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<td><strong>Open East &amp; West Gym 7pm-9pm</strong></td>
<td><strong>CLOSED</strong></td>
</tr>
</tbody>
</table>

### Camps

**Camps 8:30am–2pm**

- **Open East & West Gym 8:30am–2pm**
- **Open East Gym 8:30am–2pm**
- **Open West Gym 8:30am–2pm**

**Schedules may change without notice.**

View all schedules online at seattleymca.org/schedules