



# BELLEVUE FAMILY YMCA WEST GYM SCHEDULE

**MAY  
2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-11:00AM BASKETBALL ALL AGES	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	7:00-9:00AM PICKLEBALL
	9:00-9:45AM OPEN GYM	9:00AM-11:00AM PICKLEBALL	9:00-9:45AM OPEN GYM	9:00AM-1:00AM PICKLEBALL	9:00-11:45AM OPEN GYM	9:00-5:00PM OPEN GYM GYM OPEN WHEN LEAGUE GAMES ARE NOT PLAYING
	10:00-10:45AM AOA STRENGTH TATIANA		10:00-10:45AM AOA STRENGTH LIZ			
11:00-5:00PM OPEN GYM	11:00AM-12:00PM OPEN GYM	11:15-12:00PM AOA CHAIR YOGA GIZELA	11:00AM-12:00PM OPEN GYM		11:00-11:45AM CHAIR YOGA GIZELA	
2:00-5:00PM PICKLEBALL	12:00-2:00PM BASKETBALL ALL AGES	12:00-6:15PM OPEN GYM	12:00-2:00PM BASKETBALL ALL AGES	1:00-6:15PM OPEN GYM	12:00-12:45PM AOA STRENGTH LIN	3:30-5:00PM RESERVED FOR GAME ON BIRTHDAY PARTY
	2:00-4:30PM OPEN GYM		2:00-5:00PM OPEN GYM		5:30-6:30PM JR GIRLS BASKETBALL 3RD & 4TH GRADE (HALF COURT)	1:00PM-8:00PM OPEN GYM
	5:00-6:00PM SETTERS VOLLEYBALL 5TH & 6TH GRADE	6:30-7:30PM JR BOYS BASKETBALL 5TH & 6TH GRADE (FULL COURT)	6:30-7:30 JR BOYS BASKETBALL 3RD & 4TH GRADE	\$SGT SMALL GROUP TRAINING INQUIRE AT MEMBERSHIP		
	6:00-7:00PM SPIKERS VOLLEYBALL	7:30-9:00PM OPEN GYM			6:45-9:00PM OPEN GYM	SCHEDULE SUBJECT TO CHANGE AT ANY TIME
			7:45-8:45PM JR BOYS BASKETBALL 5TH & 6TH GRADE			

**FOR MORE INFORMATION CONTACT Liz Grant, [egrant@seattleyymca.org](mailto:egrant@seattleyymca.org)**