



BELLEVUE FAMILY YMCA EAST GYM SCHEDULE

**MAY
2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8:00-11:00AM BASKETBALL ALL AGES	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	7:00-9:00AM PICKLEBALL	
	9:00-9:45AM OPEN GYM	9:00-11:00 OPEN GYM	9:00-9:45AM OPEN GYM	9:00-6:15 OPEN GYM	9:00-11:45AM OPEN GYM	9:00-5:00PM OPEN GYM GYM OPEN WHEN LEAGUE GAMES ARE NOT PLAYING	
	10:00-10:45AM AOA STRENGTH TATIANA		10:00-10:45AM AOA STRENGTH LIZ				
11:00-5:00PM OPEN GYM	11:00AM-12:00PM OPEN GYM	11:15-12:00PM AOA CHAIR YOGA GIZELA	11:00AM-12:00PM OPEN GYM				9:00-6:15 OPEN GYM
	12:00-2:00PM BASKETBALL ALL AGES	12:00-3:45PM OPEN GYM	12:00-2:00PM BASKETBALL ALL AGES		12:00-12:45PM AOA STRENGTH LIN		
	2:00-4:30PM OPEN GYM	4:00-5:00PM BELLEVUE BADGERS BASKETBALL	2:00-5:00PM OPEN GYM	5:30-6:30PM JR GIRLS BASKETBALL 3RD & 4TH GRADE (HALF COURT)	6:30-7:30 JR BOYS BASKETBALL 3RD & 4TH GRADE	1:00PM-8:00PM OPEN GYM	● KIDS PROGRAM INQUIRE AT MEMBERSHIP \$
		5:15-6:15PM OPEN GYM					\$SGT SMALL GROUP TRAINING INQUIRE AT MEMBERSHIP
	5:00-6:00PM SETTERS VOLLEYBALL 5TH & 6TH GRADE	6:30-7:30PM JR BOYS BASKETBALL 5TH & 6TH GRADE (FULL COURT)	6:45-9:00PM OPEN GYM			SCHEDULE SUBJECT TO CHANGE AT ANY TIME	
	6:00-7:00PM SPIKERS VOLLEYBALL	7:00-8:00PM BOOTCAMP APRIL - CYCLE STUDIO (APR-MAY)		7:45-8:45PM JR BOYS BASKETBALL 5TH & 6TH GRADE			

FOR MORE INFORMATION CONTACT Liz Grant, egrant@seattleyymca.org