



WEST SEATTLE YMCA GYM SCHEDULE

**May
2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
EAST GYM					
6:00a-1:00p OPEN GYM ALL AGES	6:00a-1:00p OPEN GYM ALL AGES	6:00a-9:00a PICKELBALL ALL AGES	6:00a-1:00p OPEN GYM ALL AGES	6:00a-9:00a PICKELBALL ALL AGES	7:00a-8:30a OPEN GYM ALL AGES
1:00p-3:30p OPEN GYM ALL AGES	1:00p-3:30p PICKELBALL ALL AGES	9:00a-5:30p OPEN GYM ALL AGES	1:00p-3:30p PICKELBALL ALL AGES	9:00a-8:00p OPEN GYM ALL AGES	8:30a-3:00p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED
3:30p-8:30p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED	3:30p-7:30p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED	5:30p-8:30p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED	3:30p-4:30p OPEN GYM ALL AGES		3:00p-5:00p OPEN GYM ALL AGES
	7:30p-9:00p OPEN GYM ALL AGES		4:30p-7:30p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED		SUNDAY
			7:30p-9:00p OPEN GYM ALL AGES		8:00a-5:00p OPEN GYM ALL AGES
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
WEST GYM					
6:00a-3:30p OPEN GYM ALL AGES	6:00a-4:30p OPEN GYM ALL AGES	6:00a-3:30p OPEN GYM ALL AGES	6:00a-4:30p OPEN GYM ALL AGES	6:00a-8:00p OPEN GYM ALL AGES	7:00a-8:30a OPEN GYM ALL AGES 8:30a-3:00p YOUTH SPORTS
3:30p-8:00p KIDS GYM DROP-IN	4:30p-7:30p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED	3:30p-8:00p KIDS GYM DROP-IN	4:30p-7:30p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED		PROGRAMS \$ REGISTRATION REQUIRED 3:00p-5:00p OPEN GYM ALL AGES
8:00p-9:00p OPEN GYM ALL AGES	7:30p-9:00p OPEN GYM ALL AGES	8:00p-9:00p OPEN GYM ALL AGES	7:30p-9:00p OPEN GYM ALL AGES		SUNDAY
					7:00a-10:30a OPEN GYM ALL AGES 10:30a-1:15p FAMILY Programs \$
					1:30p-5:00p OPEN GYM ALL AGES

Schedule may change without notice - please check website for most current schedule.
As a courtesy to others, please arrive on time.

FOR MORE INFORMATION, CONTACT: Chris Chavez, Program Director at chchavez@seattleyymca.org