



MATT GRIFFIN GYM SCHEDULE

**MAY
2023**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|-------------------------------------|---|
| 6:00–11:00am OPEN GYM ALL AGES | 6:00–5:00pm OPEN GYM ALL AGES | 6:00–11:00am OPEN GYM ALL AGES | 6:00–11:00am OPEN GYM ALL AGES | 6:00–8:45pm OPEN GYM ALL AGES | 7:00–10:15pm OPEN GYM ALL AGES |
| | 9:00–11:00am PICKLEBALL Court 2 | | 9:00–11:00am PICKLEBALL Court 2 | | 10:15–5:00pm GYM CLOSED FOR YOUTH SPORTS |
| 11:00–2:30pm OPEN GYM FAMILY Court 2 | | 11:00–2:30pm OPEN GYM FAMILY Court 2 | 11:00–4:30pm OPEN GYM ALL AGES | | |
| 11:00–2:30pm OPEN GYM ALL AGES Court 1 | | 11:00–2:30pm OPEN GYM ALL AGES Court 1 | | | |
| 2:30–4:30pm BASKETBALL TEEN | | 2:30–4:00pm BASKETBALL TEEN | | | |
| 4:30–6:00pm OPEN GYM ALL AGES | | 3:00–5:45pm VOLLEYBALL Court 2 | | | SUNDAY |
| 6:00–7:00pm CLOSED FOR YOUTH SPORTS | 3:45–9:00PM CLOSED FOR YOUTH SPORTS | 4:00–6:00pm OPEN GYM ALL AGES Court 1 | 4:30–9:00pm CLOSED FOR YOUTH SPORTS | | 8:00–4:45pm OPEN GYM ALL AGES |
| 7:00–8:45pm OPEN GYM ALL AGES | | 6:00–7:00pm CLOSED FOR YOUTH SPORTS | | | |
| | | 7:30–8:45pm BASKETBALL ADULT Court 1 | | | |

Schedule may change without notice.

FOR MORE INFORMATION, CONTACT: Chris Dunford cdunford@seattleyymca.org