



# AUBURN VALLEY YMCA GYM SCHEDULE

**MAY  
2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00AM-8:50PM OPEN GYM **UNLESS POSTED OTHERWISE BELOW	6:00AM-8:50PM OPEN GYM **UNLESS POSTED OTHERWISE BELOW	6:00AM-8:50PM OPEN GYM **UNLESS POSTED OTHERWISE BELOW	6:00AM-8:50PM OPEN GYM **UNLESS POSTED OTHERWISE BELOW	6:00AM-7:50PM OPEN GYM **UNLESS POSTED OTHERWISE BELOW	7:00AM-4:50PM OPEN GYM **UNLESS POSTED OTHERWISE BELOW
			7:00-9:00AM PICKLEBALL SOUTH END ONLY		
		10:00-11:00AM BOOT CAMP GYM/OUTDOORS MARK			
					GYM CLOSED FOR YOUTH SPORTS GAMES AS NEEDED
					<b>SUNDAY</b>
		3:30-4:45PM TABLE TENNIS SOUTH END ONLY			8:00AM-4:50PM OPEN GYM
5:00-7:00PM RESERVED FOR YOUTH SPORTS					
	6:00-7:00PM RESERVED FOR YOUTH SPORT SOUTH END ONLY	6:00-7:00PM RESERVED FOR YOUTH SPORTS	6:00-8:00PM RESERVED FOR YOUTH SPORTS SOUTH END ONLY	6:00-7:00PM RESERVED FOR YOUTH SPORTS SOUTH END ONLY	

Schedule may change without notice - please check website for most current schedule.  
As a courtesy to others, please arrive on time.