



MEREDITH MATHEWS GYM SCHEDULE

**March
2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00AM-4:45AM OPEN GYM	6:00AM-8:45AM OPEN GYM	6:00AM-8:45AM OPEN GYM	6:00AM-8:45AM OPEN GYM	6:00AM-8:45AM OPEN GYM	6:00AM-9:45AM OPEN GYM	8:00AM-4:45PM OPEN GYM
	9:00-11:00AM RESERVED FOR Pickleball	8:45-10:15AM TOTAL BODY CONDITIONING Anthony - Gym East	9:00-11:00AM RESERVED FOR Pickleball	9:00-11:00AM RESERVED FOR Pickleball	9:45AM-11:00AM TOTAL BODY CONDITIONING Paul - Gym East	9:45AM-2:00PM RESERVED FOR Basketball ONLY 03/04/23
		10:15AM-8:45PM OPEN GYM		11:05AM-8:45PM OPEN GYM	11:15AM-3:45PM OPEN GYM	8:45AM-10:45AM RESERVED FOR Zumbathon ONLY 03/25/23
	11:45AM-8:45PM OPEN GYM ENDS 03/27/23				3:45PM-6:15PM RESERVED FOR Pickleball	8:00AM-4:45PM OPEN GYM Starting 03/11/23
	RESERVED FOR VOLLEYBALL 4:45PM-7:15PM Starting 03/27		5:15PM-6:45PM Bootcamp Patti - Gym East			\$ Reserved for Rental 03/11/23 1:45PM-5:00PM
					6:15PM-7:45PM OPEN GYM	\$ - FEE BASED PROGRAM * REGISTRATION REQUIRED

FOR MORE INFORMATION CONTACT Nikita Love, nlove@seattleyymca.org