



# BELLEVUE FAMILY YMCA GYM SCHEDULE

**MARCH  
2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-11:00AM BASKETBALL ALL AGES	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	6:00-9:00AM PICKLEBALL	8:00-9:00AM PICKLEBALL
	9:00-9:45AM OPEN GYM	9:00AM-9:45AM OPEN GYM	9:00-9:45AM OPEN GYM	9:00AM-9:45AM OPEN GYM	9:00-11:45AM OPEN GYM	9:00-5:00PM OPEN GYM GYM OPEN WHEN LEAGUE GAMES ARE NOT PLAYING
	10:00-10:45AM AOA STRENGTH KAREN	10:00-10:45AM AOA CARDIO TATIANA	10:00-10:45AM AOA STRENGTH LIZ	10:00-10:45AM AOA CARDIO LIZ		*9:00-3:00PM YOUTH BASKET- BALL AND VOL- LEYBALL LEAGUE GAMES GAME TIMES VARY BY WEEK
11:00AM-12:00PM OPEN GYM	11:00AM-12:00PM SKI CONDITIONING \$SGT (HALF GYM)	11:00AM-12:00PM OPEN GYM	11:00AM-12:00PM SKI CONDITIONING \$SGT (HALF GYM)	12:00-12:45PM AOA STRENGTH LIN		
11:00-5:00PM OPEN GYM	12:00-2:00PM BASKETBALL ALL AGES	11:00AM-1:00PM PICKLEBALL (Half GYM)	12:00-2:00PM BASKETBALL ALL AGES		11:00AM-1:00PM PICKLEBALL (Half GYM)	1:00PM-8:00PM OPEN GYM
	2:00-5:15PM OPEN GYM	1:00PM-3:45PM OPEN GYM	2:00-9:00PM OPEN GYM	1:00-4:45PM OPEN GYM	5:00-6:00PM JR BOYS BASKETBALL 5TH & 6TH GRADE	
4:00-5:00PM BELLEVUE BADGERS BASKETBALL		6:00-7:00PM VOLLEYBALL		5:00-7:00PM OPEN GYM		6:45-7:45PM JR GIRLS BASKETBALL 3RD & 4TH GRADE
5:30-6:30PM JR BOYS BASKETBALL 3RD & 4TH GRADE			7:00-8:00PM BOOTCAMP APRIL	SCHEDULE SUBJECT TO CHANGE AT ANY TIME		
6:00-7:00PM VOLLEYBALL						

FOR MORE INFORMATION CONTACT Liz Grant, [egrant@seattleyymca.org](mailto:egrant@seattleyymca.org)