



NET SPORTS

MARCH 2023

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Badminton Large Gym 7-9:45am	Pickleball Large Gym 7-9:45am	Badminton Large Gym-West half 7-9:45am	Pickleball Large Gym 7-9:45am	Badminton Large Gym-West half 7-12:30am	Pickleball Large Gym 7-9:45am	Badminton-Family Large Gym 8-11am
				Table Tennis Group Fitness 1 12:30-8:30pm	Table Tennis Group Fitness 1 12-6:30pm.	Table Tennis Group Fitness 1 12-5:30pm
Pickleball-Adult Small Gym 1-3pm			Table Tennis Group Fitness 1 2:30-8:30pm	Pickleball Large Gym 1-3pm		
Badminton-Family Large Gym 5:30-8:45pm			Volleyball Large Gym-West half 5:30-8:45pm			
		Badminton CWU Gym 7:45-9:45pm		Badminton CWU Gym 7:45-9:45pm		

FACILITY SCHEDULE
Monday-Friday 5am-9pm
Saturday 7am-7pm
Sunday 8am-6pm

The YMCA Gym at Central Washington University (CWU) is located at 120 228th Ave NE, Sammamish, WA 98074.

Activities at CWU are open to members only. No guest access.