



# WEST SEATTLE YMCA GYM SCHEDULE

**MARCH  
2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>EAST GYM</b>					
6:00a-1:00p <b>OPEN GYM</b> ALL AGES	6:00a-1:00p <b>OPEN GYM</b> ALL AGES	6:00a-9:00a <b>PICKELBALL</b> ALL AGES	6:00a-1:00p <b>OPEN GYM</b> ALL AGES	6:00a-9:00a <b>PICKELBALL</b> ALL AGES	
1:00p-9:00p <b>OPEN GYM</b> ALL AGES	1:00p-3:30p <b>PICKELBALL</b> ALL AGES	9:00a-3:30p <b>OPEN GYM</b> ALL AGES	1:00p-3:30p <b>PICKELBALL</b> ALL AGES	9:00a-8:00p <b>OPEN GYM</b> ALL AGES	7:00a-9:00a <b>OPEN GYM</b> ALL AGES
	3:30p-5:00p <b>YOUTH SPORTS PROGRAMS \$</b> REGISTRATION REQUIRED	3:30p-5:00p <b>YOUTH SPORTS PROGRAMS \$</b> REGISTRATION REQUIRED	3:30p-5:00p <b>YOUTH SPORTS PROGRAMS \$</b> REGISTRATION REQUIRED		9:00a-5:00p <b>OPEN GYM</b> ALL AGES
	5:00p-9:00p <b>OPEN GYM</b> ALL AGES	5:00p-9:00p <b>OPEN GYM</b> ALL AGES	5:00p-9:00p <b>OPEN GYM</b> ALL AGES		
					<b>SUNDAY</b>
					8:00a-5:00p <b>OPEN GYM</b> ALL AGES
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>WEST GYM</b>					
6:00a-3:30p <b>OPEN GYM</b> ALL AGES	6:00a-3:30p <b>OPEN GYM</b> ALL AGES	6:00a-3:30p <b>OPEN GYM</b> ALL AGES	6:00a-3:30p <b>OPEN GYM</b> ALL AGES	6:00a-8:00p <b>OPEN GYM</b> ALL AGES	7:00a-5:00p <b>OPEN GYM</b> ALL AGES
3:30p-8:00p <b>KIDS GYM</b> DROP-IN	3:30p-9:00p <b>OPEN GYM</b> ALL AGES	3:30p-8:00p <b>KIDS GYM</b> DROP-IN	3:30p-9:00p <b>OPEN GYM</b> ALL AGES		
8:00p-9:00p <b>OPEN GYM</b> ALL AGES		8:00p-9:00p <b>OPEN GYM</b> ALL AGES			<b>SUNDAY</b>
					7:00a-10:30a <b>OPEN GYM</b> ALL AGES
					10:30a-1:15p <b>FAMILY PROGRAMS \$</b>
					1:30p-5:00p <b>OPEN GYM</b> ALL AGES

Schedule may change without notice - please check website for most current schedule.  
As a courtesy to others, please arrive on time.

FOR MORE INFORMATION, CONTACT: Amanda Walker, Branch Executive at [awalker@seattleyymca.org](mailto:awalker@seattleyymca.org)