# AUBURN VALLEY YMCA GYM SCHEDULE

**MARCH 2023**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|
| 6:00AM-8:50PM<br>OPEN GYM<br>**UNLESS POSTED<br>OTHERWISE BELOW | 6:00AM-8:50PM<br>OPEN GYM<br>**UNLESS POSTED<br>OTHERWISE BELOW | 6:00AM-8:50PM<br>OPEN GYM<br>**UNLESS POSTED<br>OTHERWISE BELOW | 6:00AM-8:50PM<br>OPEN GYM<br>**UNLESS POSTED<br>OTHERWISE BELOW | 6:00AM-7:50PM<br>OPEN GYM<br>**UNLESS POSTED<br>OTHERWISE BELOW | 7:00AM-4:50PM<br>OPEN GYM<br>**UNLESS POSTED<br>OTHERWISE BELOW |
| | | | 7:00-9:00AM<br>PICKLEBALL<br>SOUTH END ONLY | | |
| | | 10:00-11:00AM<br>BOOT CAMP<br>GYM/OUTDOORS<br>MARK | | | |
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| | | | | | **SUNDAY** |
| | | 3:30-4:45PM<br>TABLE TENNIS<br>SOUTH END ONLY | | | 8:00AM-4:50PM<br>OPEN GYM |
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Schedule may change without notice - please check website for most current schedule.
As a courtesy to others, please arrive on time.