



# NORTHSHORE MAIN GYM SCHEDULE

**MARCH  
2023**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>6:00AM — 9:00PM OPEN GYM</b>		<b>6:00AM — 9:00PM OPEN GYM</b>	<b>6:00AM — 9:15AM OPEN GYM</b>	
<b>8:00AM- 5:00PM OPEN GYM</b>	<b>6:00AM- 4:45PM OPEN GYM</b>	<b>9:15AM — 10:00AM ZUMBA/WEST OPEN GYM/EAST</b>	<b>6:00AM — 9:00PM OPEN GYM</b>	<b>9:15AM — 10:00AM ZUMBA/WEST OPEN GYM/EAST</b>	<b>9:30AM — 10:30AM AOA CARDIO &amp; STRENGTH MAIN GYM WEST</b>	<b>7:00AM- 5:00PM OPEN GYM</b>
					<b>9:30AM — 10:30PM OPEN GYM —EAST</b>	
		<b>10:15AM — 9:00PM OPEN GYM</b>		<b>10:15AM — 9:00PM OPEN GYM</b>	<b>10:30PM — 9:00PM OPEN GYM</b>	