



WEST SEATTLE YMCA GYM SCHEDULE

**NOVEMBER
2022**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|---|---|---|---|
| EAST GYM | | | | | |
| 6:00a-4:30p OPEN GYM ALL AGES | 6:00a-1:00p OPEN GYM ALL AGES | 6:00a-9:00a PICKELBALL ALL AGES | 6:00a-1:00p 1:00p-5:00p OPEN GYM ALL AGES | 6:00a-9:00a PICKELBALL ALL AGES | 7:30a-5:00p YOUTH SPORTS PROGRAMS \$ |
| | 1:00p-3:00p PICKELBALL ALL AGES | 9:00a-5:00p OPEN GYM ALL AGES | 1:00p-3:00p PICKELBALL ALL AGES | 9:00a-8:00p OPEN GYM ALL AGES | REGISTRATION REQUIRED GYM CLOSED |
| 4:30p-7:00p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED | 3:45p-8:00p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED | 5:30p-8:00p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED | 5:30p-8:00p YOUTH SPORTS PROGRAMS \$ REGISTRATION REQUIRED | | OPEN GYM All Ages 11/5 2:00p-5:00p 11/12 12:00p-5:00p 11/19 2:00-5:00p |
| 7:00p-9:00p OPEN GYM ALL AGES | 8:00p-9:00p OPEN GYM ALL AGES | 8:00p-9:00p OPEN GYM ALL AGES | 8:00p-9:00p OPEN GYM ALL AGES | | OPEN GYM Nov 12&19 7:00a-10:00a Nov 26 7:00a-5:00p |
| | | | | | SUNDAY |
| | | | | | 8:00a-5:00p OPEN GYM ALL AGES |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| WEST GYM | | | | | |
| 6:00a-3:30p OPEN GYM ALL AGES | 6:00a-3:30p OPEN GYM ALL AGES | 6:00a-3:30p OPEN GYM ALL AGES | 6:00a-3:30p OPEN GYM ALL AGES | 6:00a-8:00p OPEN GYM ALL AGES | Nov. 5th 7:00a-10:00a 1:15p-5:00p OPEN GYM ALL AGES |
| 3:30p-8:00p KIDS GYM RESERVATION REQUIRED | 3:30p-8:00p KIDS GYM RESERVATION REQUIRED | 3:30p-8:00p KIDS GYM RESERVATION REQUIRED | 3:30p-8:00p KIDS GYM RESERVATION REQUIRED | 4:30p-8:00p November 11 Family Programs \$ RESERVATION REQUIRED | Nov. 5th 10:30a-1:15p YOUTH SPORTS PROGRAMS \$ Registration Required GYM CLOSED |
| 8:00p-9:00p OPEN GYM ALL AGES | 8:00p-9:00p OPEN GYM ALL AGES | 8:00p-9:00p OPEN GYM ALL AGES | 8:00p-9:00p OPEN GYM ALL AGES | | SUNDAY |
| | | | | | 10:30a-1:15p Nov 6, 13 & 20 Family Programs \$ |
| | | | | | SUNDAY |
| | | | | | OPEN GYM All Ages 8:00a-10:00a 1:15p-5:00p Nov 6, 13, & 20 Nov 27 8:00a-5:00p |

Schedule may change without notice - please check website for most current schedule.
As a courtesy to others, please arrive on time.

FOR MORE INFORMATION, CONTACT: Kevin Lantry, Program Director klantry@seattleyymca.org