



AUBURN VALLEY YMCA GYM SCHEDULE

**NOV
2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00AM - 8:50PM OPEN GYM	6:00AM - 8:50PM OPEN GYM	6:00AM - 10:00AM OPEN GYM	6:00AM - 7:00AM OPEN GYM	6:00AM - 7:50PM OPEN GYM	7:00AM - 4:50PM OPEN GYM
			7:00AM - 9:00AM PICKLEBALL SOUTH END ONLY		
			7:00AM - 9:00AM OPEN GYM NORTH END ONLY		RESERVED FOR YOUTH SPORTS 11:45AM-2:00PM ON THE FOLLOWING DATES: 11/5, 11/12, 11/19
		10:00AM - 11:00AM BOOT CAMP GYM/OUTDOORS	9:00AM - 8:50PM OPEN GYM		
		11:00AM - 3:30PM OPEN GYM			
					SUNDAY
		3:30PM-4:45PM TABLE TENNIS SOUTH END ONLY			8:00AM - 4:50PM OPEN GYM
		3:30PM - 4:00PM OPEN GYM NORTH END ONLY			
5:15PM - 6:30PM RESERVED FOR YOUTH SPORTS 9/14-11/16		5:15PM - 7:30PM RESERVED FOR YOUTH SPORTS 9/14-11/16	5:00PM - 8:00PM SOUTH END RESERVED FOR YOUTH SPORTS 9/15-11/17		
		7:30PM- 8:50PM OPEN GYM			

Schedule may change without notice - please check website for most current schedule.
As a courtesy to others, please arrive on time.