



KENT YMCA

NOV 2022

GYM 1

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------|-------------------------------|-------------------------------|-----------------------------|-------------------------------|---------------------------------------|-------------------------|
| OPEN GYM 8:00AM- 1:00PM | PICKLEBALL 6:00- 7:45AM | OPEN GYM 6:00AM- 5:00PM | OPEN GYM 6:00AM-4:00PM | OPEN GYM 6:00AM- 6:00PM | OPEN GYM 6:00AM- 6:00PM | OPEN GYM 7:00-5:00PM |
| | OPEN GYM 7:45AM- 9:00PM | | | | YOUTH SPORTS*\$ 5:00- 7:00PM | |
| | | PICKLEBALL 1:00-2:45PM | OPEN GYM 7:00- 9:00PM | OPEN GYM 7:00-9:00PM | OPEN GYM 6:45- 8:00PM | |
| OPEN GYM 2:45-5:00PM | | | OPEN GYM 7:00-9:00PM | OPEN GYM 7:00-9:00PM | | |

GYM 2

| | | | | | | |
|-------------------------|-------------------------------------|--|------------------------------|-----------------------------------|---------------------------------------|--|
| OPEN GYM 8:00-5:00PM | OPEN GYM 6:00AM- 6:00PM | OPEN GYM 6:00AM- 5:00PM | OPEN GYM 6:00AM-6:00PM | OPEN GYM 6:00AM- 5:00PM | OPEN GYM 6:00AM- 8:00PM | OPEN GYM 7:00AM- 5:00PM |
| | TWEEN RECESS* 6:00- 7:00PM | YOUTH SPORTS *\$ 5:00- 7:00PM | TWEEN RECESS* 6:00-7:00PM | YOUTH SPORTS*\$ 6:00-7:00PM | *11/18 FAMILY NIGHT 6-7:00PM | |
| | OPEN GYM 7:00- 9:00PM | OPEN GYM 7:00- 9:00PM | OPEN GYM 7:00-9:00PM | OPEN GYM 7:00-9:00PM | | |
| | | | | | | \$-FEE BASED PROGRAM *REGISTRATION REQUIRED |

FOR MORE INFORMATION CONTACT [Danny Cage, dcage@seattleyymca.org](mailto:dcage@seattleyymca.org)