



# NET SPORTS

Schedule for NOVEMBER 2022

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Large gym will be closed NOV 7-12.  
Small Gym will be closed NOV 1-20.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Badminton</b> Large Gym 7-9:45am	<b>Pickleball</b> Large Gym 7-9:45am	<b>Badminton</b> Large Gym—West half 7-9:45am	<b>Pickleball</b> Large Gym 7-9:45am	<b>Badminton</b> Large Gym—West half 7-11am	<b>Pickleball</b> Large Gym 7-9:45am	<b>Badminton - Family</b> Large Gym 8-11am
<b>Pickleball-Adult</b> Small Gym 1-2:30pm				<b>Table Tennis</b> Group Fitness 1 12:30-4:30pm		<b>Table Tennis</b> Group Fitness 1 8:30-1pm
<b>Badminton - Family</b> Large Gym 5:30-8:45pm			<b>Volleyball</b> Large Gym—West half 5:30-8:45pm		<b>Table Tennis</b> Group Fitness 1 12pm-6:30pm <i>No table tennis October 1 for YMCA staff training.</i>	
		<b>Badminton</b> CWU Gym 7:45-9:45pm		<b>Badminton</b> CWU Gym 7:45-9:45pm		

**FACILITY SCHEDULE**

Monday—Friday 5am–9pm  
Saturday 7am–7pm  
Sunday 8am–6pm

CWU - The YMCA Gym at Central Washington University is located at 120 228th Ave NE, Sammamish, WA 98074.

Activities at CWU are open to members only. No guest access.