



# GYMNASIUM

**November  
2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00—7:00AM *OPEN GYM	6:00—7:00AM *OPEN GYM	6:00—7:00AM *OPEN GYM	6:00—7:00AM *OPEN GYM	6:00—7:00AM *OPEN GYM	7:00-9:00AM *OPEN GYM
7:00—9:00AM PICKLEBALL	7:00—9:00AM PICKLEBALL	7:00—9:00AM PICKLEBALL	7:00—9:00AM PICKLEBALL	7:00—9:00AM PICKLEBALL	
	9:00—10:00AM AOA DANCE	9:00AM-10:00AM INTRO TO PICKLEBALL	9:00—10:00AM AOA DANCE		9:00-2:00PM YOUTH SPORTS
9:00 AM-8:55 PM *OPEN GYM	10:00 AM-4:15PM *OPEN GYM	12:00-5:00 PM *OPEN GYM	10:00 AM-4:45PM *OPEN GYM	9:00 AM—5:00 PM *OPEN GYM	2:00—5:00PM *OPEN GYM
					<b>SUNDAY</b>
					8:00AM- 5:00PM *OPEN GYM
	4:15- 7:30 PM YOUTH SPORTS	5:00-8:00 PM YOUTH SPORTS	4:45-8:00PM YOUTH SPORTS	5:00-6:00PM 1/2 GYM YOUTH SPORTS	
			7:00-9:00PM 1/2 GYM OPEN VOLLEYBALL	6:00-8:00 PM 1/2 GYM TEEN NIGHT	
	7:30—8:55 PM *OPEN GYM	8:00—8:55 PM *OPEN GYM	8:00—8:55PM *1/2 GYM OPEN GYM		

Schedule may change without notice - please check website for most current schedule. As a courtesy to others, please arrive on time.

\*One hoop must be open at all times

FOR MORE INFORMATION, CONTACT: Joan Morrison [jmorrison@seattleyymca.org](mailto:jmorrison@seattleyymca.org)

Schedule effective  
10/24/2022