



# WEST SEATTLE YMCA GYM SCHEDULE

**AUGUST  
2022**

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
|---|---|---|---|---|---|
| <b>EAST GYM</b>   |   |   |   |   |   |
| 6:00a-4:30p<br><b>OPEN GYM</b><br>ALL AGES                              | 6:00a-1:00p<br><b>OPEN GYM</b><br>ALL AGES                              | 6:00a-9:00a<br><b>PICKELBALL</b><br>ALL AGES                            | 6:00a-1:00p<br><b>OPEN GYM</b><br>ALL AGES                              | 6:00a-9:00a<br><b>PICKELBALL</b><br>ALL AGES                            | 9:30a-1:00p<br><b>YOUTH SPORTS PROGRAMS \$</b>  |
|   | 1:00p-3:00p<br><b>PICKELBALL</b><br>ALL AGES                            | 9:00a-3:30p<br><b>OPEN GYM</b><br>ALL AGES                              | 1:00p-3:00p<br><b>PICKELBALL</b><br>ALL AGES                            | 9:00a-5:30p<br><b>OPEN GYM</b><br>ALL AGES                              | REGISTRATION REQUIRED<br><b>GYM CLOSED</b>  |
| 4:45p-7:00p<br><b>YOUTH SPORTS PROGRAMS \$</b><br>REGISTRATION REQUIRED | 3:30p-7:00p<br><b>YOUTH SPORTS PROGRAMS \$</b><br>REGISTRATION REQUIRED | 3:45p-5:00p<br><b>YOUTH SPORTS PROGRAMS \$</b><br>REGISTRATION REQUIRED | 3:30p-8:00p<br><b>YOUTH SPORTS PROGRAMS \$</b><br>REGISTRATION REQUIRED | 5:45p-7:00p<br><b>YOUTH SPORTS PROGRAMS \$</b><br>REGISTRATION REQUIRED | 1:00p-3:00p<br><b>OPEN GYM</b><br>ALL AGES  |
| 7:00p-8:00p<br><b>OPEN GYM</b><br>ALL AGES                              | 7:00p-8:00p<br><b>OPEN GYM</b><br>ALL AGES                              | 5:00p-8:00p<br><b>OPEN GYM</b><br>ALL AGES                              | NO EVENING<br><b>OPEN GYM</b>   | 7:00p-8:00p<br><b>OPEN GYM</b><br>ALL AGES                              |   |
|   |   |   |   |   | <b>SUNDAY</b>   |
|   |   |   |   |   | 8:00a-3:00p<br><b>OPEN GYM</b><br>ALL AGES  |
| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  |
| <b>WEST GYM</b>   |   |   |   |   |   |
| 6:00a-1:30p<br>2:00p-3:30p<br><b>OPEN GYM</b><br>ALL AGES               | 6:00a-1:30p<br>2:00p-3:30p<br><b>OPEN GYM</b><br>ALL AGES               | 6:00a-1:30p<br>2:00p-3:30p<br><b>OPEN GYM</b><br>ALL AGES               | 6:00a-1:30p<br>2:00p-3:30p<br><b>OPEN GYM</b><br>ALL AGES               | 6:00a-1:30p<br>2:00p-3:30p<br><b>OPEN GYM</b><br>ALL AGES               | 8:30a-11:00a<br><b>KIDS GYM</b><br>RESERVATION REQUIRED                                   |
| 3:30p-8:00p<br><b>KIDS GYM</b><br>RESERVATION REQUIRED                  | 3:30p-8:00p<br><b>KIDS GYM</b><br>RESERVATION REQUIRED                  | 3:30p-8:00p<br><b>KIDS GYM</b><br>RESERVATION REQUIRED                  | 3:30p-8:00p<br><b>KIDS GYM</b><br>RESERVATION REQUIRED                  |   | 11:00a-1:00p<br><b>YOUTH PROGRAMS \$</b><br>REGISTRATION REQUIRED                         |
| 1:30p-2:00p<br><b>MINIS CAMP</b><br>RESERVATION REQUIRED                | 1:30p-2:00p<br><b>MINIS CAMP</b><br>RESERVATION REQUIRED                | 1:30p-2:00p<br><b>MINIS CAMP</b><br>RESERVATION REQUIRED                | 1:30p-2:00p<br><b>MINIS CAMP</b><br>RESERVATION REQUIRED                | 1:30p-2:00p<br><b>MINIS CAMP</b><br>RESERVATION REQUIRED                | <b>SUNDAY</b>   |
|   |   |   |   |   | 10:30a-1:00p<br><b>August 7 &amp; 21 Family Programs \$</b>                               |
|   |   |   |   |   | <b>SUNDAY</b>   |
|   |   |   |   |   | <b>OPEN GYM All Ages</b><br>August 7 & 21<br>1:00p-3:00p<br>August 14 & 28<br>8:00a-3:00p |

Schedule may change without notice - please check website for most current schedule.  
As a courtesy to others, please arrive on time.

FOR MORE INFORMATION, CONTACT: Kevin Lantry, Program Director klantry@seattleyymca.org