



SNOQUALMIE VALLEY GYM SCHEDULE

**AUGUST
2022**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	6:00-7:30AM PICKLEBALL		6:00-7:30AM PICKLEBALL		6:00-7:45AM BASKETBALL	CLOSED
	8:00-9:00AM BARBELL PUMP DIANA	6:00-9:30AM BASKETBALL (HALF COURT)	8:00-9:00AM BARBELL PUMP DIANA	6:00-9:30AM BASKETBALL (HALF COURT)	8:00-9:00AM BARBELL PUMP DIANA	
8:00-11:00AM FAMILY BASKETBALL	9:15-10:00AM ZUMBA® GOLD DIANA		9:15-10:00AM ZUMBA® GOLD DIANA		9:15-10:00AM OPEN GYM	8:00-12:30PM FAMILY BASKETBALL (HALF COURT)
	10:15-11:15AM AOA - CARDIO & STRENGTH DIANA	9:45-10:45AM BARRE AMY	10:15-11:15AM AOA - CARDIO & STRENGTH DIANA	9:45-10:45AM BARRE AMY	10:15-11:15AM AOA - CARDIO & STRENGTH DIANA	BADMINTON (HALF COURT)
	11:30AM-2:30PM BASKETBALL (8/29 - 8/31)	11:00AM-12:00PM ZUMBA® AMY	11:30AM-2:30PM BASKETBALL (8/29 - 8/31)	11:00AM-12:00PM ZUMBA® AMY		
11:00AM-1:30PM GAME ON! BIRTHDAY PARTIES *\$	11:30AM-12:00PM BASKETBALL (8/1 - 8/26)	12:15-2:30PM BASKETBALL (8/29 - 8/31)	11:30AM-12:00PM BASKETBALL (8/29 - 8/31)	12:15-2:30PM BASKETBALL (8/29 - 8/31)	11:30AM-1:00PM BASKETBALL	
	12:00-2:00PM SUMMER CAMP (8/1 - 8/26)	12:00-2:00PM SUMMER CAMP (8/1 - 8/26)	12:00-2:00PM SUMMER CAMP (8/1 - 8/26)	12:00-2:00PM SUMMER CAMP (8/1 - 8/26)		12:30-3:00PM COMMUNITY TEENS (GRADES 5 - 12)
1:30-3:00PM COMMUNITY TEENS (GRADES 5 - 12)						VOLLEYBALL / BADMINTON
BASKETBALL	2:30-5:00PM COMMUNITY TEENS BASKETBALL (GRADE 5 - 12) (8/29 - 8/31)				1:00-5:00PM SUMMER BREAK COMMUNITY TEENS (GRADES 5 - 12)	
	2:00-5:00PM SUMMER BREAK COMMUNITY TEENS (GRADES 5 - 12)	2:00-5:00PM SUMMER BREAK COMMUNITY TEENS (GRADES 5 - 12)	2:00-5:00PM SUMMER BREAK COMMUNITY TEENS (GRADES 5 - 12)	2:00-5:00PM SUMMER BREAK COMMUNITY TEENS (GRADES 5 - 12)	BASKETBALL (8/1 - 8/26)	
	BASKETBALL (8/1 - 8/26)	BASKETBALL (8/1 - 8/26)	BASKETBALL (8/1 - 8/26)	BASKETBALL (8/1 - 8/26)		
CLOSED	7:00-8:00PM ADULT BASKETBALL (AGE 16+) (HALF COURT)	5:00-7:30PM FAMILY VOLLEYBALL (HALF COURT)	5:00-8:00PM ADULT BASKETBALL (AGE 16+) (HALF COURT)	5:00-8:00PM ADULT BASKETBALL (AGE 16+) (HALF COURT)	5:00-8:00PM COMPETITIVE ADULT VOLLEYBALL (AGE 16+)	CLOSED

\$ FEE BASED PROGRAM
* REGISTRATION REQUIRED

FOR MORE INFORMATION CONTACT MONA MORRISSEY AT RMORRISSEY@SEATTLEYMCA.ORG