



COTTAGE LAKE POOL SCHEDULE

**SUMMER
2022**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	8:00-9:00AM AQUA FIT NANCY		8:00-9:00AM AQUA FIT NANCY			
	8:00-12:00PM LAP SWIM	8:00-12:00PM LAP SWIM	8:00-12:00PM LAP SWIM	9:00-12:00PM LAP SWIM		
	9:00-10:00 11:00-12:00 WATER WALKING	9:00-10:00 11:00-12:00 WATER WALKING	9:00-10:00 11:00-12:00 WATER WALKING	9:00-10:00 11:00-12:00 WATER WALKING		
	9:00-11:30AM GROUP SWIM LESSONS	9:00-11:30AM GROUP SWIM LESSONS	9:00-11:30AM GROUP SWIM LESSONS	9:00-11:30AM GROUP SWIM LESSONS		
11:45AM-4:45PM REC SWIM	CLOSED 12:00-1:00PM					11:45AM-4:45PM REC SWIM
	1:00-4:45PM REC SWIM	1:00-4:45PM REC SWIM	1:00-4:45PM REC SWIM	1:00-4:45PM REC SWIM	1:00-4:45PM REC SWIM	
5:15-6:45PM POOL RENTAL	5:00-8:00PM GROUP SWIM LESSONS	5:00-8:00PM GROUP SWIM LESSONS	5:00-8:00PM GROUP SWIM LESSONS	5:00-8:00PM GROUP SWIM LESSONS	5:15-6:45PM POOL RENTAL	5:15-6:45PM POOL RENTAL
	5:00-8:00PM LAP SWIM	5:00-8:00PM LAP SWIM	5:00-8:00PM LAP SWIM	5:00-8:00PM LAP SWIM		
	5:00-8:00PM WATER WALKING	5:00-8:00PM WATER WALKING	5:00-8:00PM WATER WALKING	5:00-8:00PM WATER WALKING		

You can reserve spots for Cottage Lake activities, @ the Northshore branch, over the phone at 425 485 9797, or online at seattleyymca.org

Updated 6.17.2022