AUBURN VALLEY YMCA GYM SCHEDULE

JULY / AUG 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00AM – 7:50PM OPEN GYM	6:00AM – 7:50PM OPEN GYM	6:00AM –10:00AM OPEN GYM	6:00AM – 7:00AM OPEN GYM	6:00AM – 7:50PM OPEN GYM	8:00AM – 2:50PM OPEN GYM
			7:00AM – 9:00AM PICKLEBALL SOUTH END ONLY		
			7:00AM – 9:00AM OPEN GYM NORTH END ONLY		
		10:00AM – 11:00AM BOOT CAMP GYM/OUTDOORS	9:00AM – 7:50PM OPEN GYM		
		11:00AM –3:30PM OPEN GYM			
		3:30PM–4:45PM TABLE TENNIS SOUTH END ONLY			
		3:30PM – 4:00PM OPEN GYM NORTH END ONLY			
		4:00PM – 8:00PM RESERVED FOR YOUTH SPORTS			

SUNDAY
8:00AM – 2:50PM OPEN GYM

Schedule may change without notice – please check website for most current schedule.
As a courtesy to others, please arrive on time.

FOR MORE INFORMATION, CONTACT: Kerry Ashby kashby@seattleymca.org