

STEPS FOR PACKING

1 PACK LINER

Put inside the main area of the pack.

2 SLEEPING BAG

Stuff your sleeping bag all the way to the bottom.

3 HEAVIEST ITEMS

Pack heavy items, like bear cans, food bags, and group gear low in your pack and close to your back.

4 CLOTHING

Stuff clothes around your heaviest items to keep them in place.

5 SLEEPING PAD

Roll-up and clip to the bottom or front of your pack

6 ACCESSIBLE ITEMS

Keep in the top of the pack or in the "Brain"

- Rain layers
- Headlamp
- Mess Kit
- Snacks
- Sunglasses & Sun Hat
- Water in your side pockets



ABCs OF PACK PACKING

A

ACCESSIBILITY

Keep important items in the top of the pack or the "Brain"

B

BALANCE

Keep your heaviest items close to your back, like bear cans or food bags

C

COMPRESSION

Stuff bulky compressible items such as your sleeping bag at the bottom, inside your pack liner.

D

DRY

Keep everything dry by using a pack liner

E

EVERYTHING INSIDE

Compress clothes into empty space to fit everything inside.

F

FUEL BELOW FOOD

Always pack fuel below food