1. **PACK LINER**
   - Put inside the main area of the pack.

2. **SLEEPING BAG**
   - Stuff your sleeping bag all the way to the bottom.

3. **HEAVIEST ITEMS**
   - Pack heavy items, like bear cans, food bags, and group gear low in your pack and close to your back.

4. **CLOTHING**
   - Stuff clothes around your heaviest items to keep them in place.

5. **SLEEPING PAD**
   - Roll-up and clip to the bottom or front of your pack.

6. **ACCESSIBLE ITEMS**
   - Keep in the top of the pack or the "Brain"
     - Rain layers
     - Headlamp
     - Mess Kit
     - Snacks
     - Sunglasses & Sun Hat
     - Water in your side pockets

**ABCs OF PACK PACKING**

- **A** ACCESSIBILITY
  - Keep important items in the top of the pack or the "Brain"

- **B** BALANCE
  - Keep your heaviest items close to your back, like bear cans or food bags

- **C** COMPRESSION
  - Stuff bulky compressible items such as your sleeping bag at the bottom, inside your pack liner.

- **D** DRY
  - Keep everything dry by using a pack liner

- **E** EVERYTHING INSIDE
  - Compress clothes into empty space to fit everything inside.

- **F** FUEL BELOW FOOD
  - Always pack fuel below food