



# KENT YMCA GYM SCHEDULE

**JAN  
2022**

<b>GYM 1</b>						
<b>SUNDAY</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>
<b>OPEN GYM 8:00AM- 12:45PM</b>	<b>OPEN GYM 6:00AM- 7:45PM</b>	<b>OPEN GYM 6:00AM- 5:45PM</b>	<b>OPEN GYM 6:00AM- 5:45PM</b>	<b>OPEN GYM 6:00AM- 5:45PM</b>	<b>OPEN GYM 6:00AM- 7:45PM</b>	<b>OPEN GYM 8:00-9:45AM</b>
		<b>VOLLEYBALL 6:00-7:45PM</b>	<b>TWEEN RECESS 6:00-7:00PM</b>	<b>BOOTCAMP 6:00-7:00PM</b>		<b>VOLLEYBALL 10:00-12:00</b>
<b>PICKLEBALL 1:00-2:45PM</b>			<b>OPEN GYM 7:00-7:45PM</b>	<b>OPEN GYM 7:00-7:45PM</b>		<b>OPEN GYM 12:00- 2:45PM</b>
<b>GYM 2</b>						
<b>OPEN GYM 8:00- 10:00AM</b>	<b>OPEN GYM 6:00AM- 7:45PM</b>	<b>OPEN GYM 6:00AM- 5:00 PM</b>	<b>OPEN GYM 6:00AM- 5:30PM</b>	<b>OPEN GYM 6:00AM- 5:30PM</b>	<b>OPEN GYM 6:00AM- 7:45PM</b>	<b>OPEN GYM 8:00AM- 2:45PM</b>
<b>FAMILY BOOTCAMP 10:00- 11:00AM</b>				<b>SPORTS SAMPLER* 5:30-6:15PM</b>		
<b>OPEN GYM 11:00AM- 2:45PM</b>				<b>BASKETBALL JUNIORS * 6:30-7:15PM</b>		
		<b>INTRO TO SOCCER * 5:00-6:45pm</b>	<b>YOUTH BASKETBALL * 5:30-6:15PM</b>	<b>OPEN GYM 7:00-7:45PM</b>		<b>\$-FEE BASED PROGRAM *REGISTRATION REQUIRED</b>

**FOR MORE INFORMATION CONTACT Kim VonWald, [kvonwald@seattleyymca.org](mailto:kvonwald@seattleyymca.org)**