




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ACTIVITY POOL

January 2022

All Times Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool closed	Pool closed	Pool closed	Pool closed	Pool closed	<ul style="list-style-type: none"> <li>Swim Lessons               <ul style="list-style-type: none"> <li>9:10-9:40am</li> <li>9:45-10:15am</li> <li>10:20-10:50am</li> <li>10:55-11:25</li> <li>11:30am-12pm</li> </ul> </li> <li>Private Swim Lessons               <ul style="list-style-type: none"> <li>8:35-11:25am</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Community Swim               <ul style="list-style-type: none"> <li>8:40-9:30am</li> </ul> </li> </ul>
	Water Walking 11am-1pm		Water Walking 11am-1pm			<ul style="list-style-type: none"> <li>Community Swim               <ul style="list-style-type: none"> <li>9:40-10:30am</li> </ul> </li> </ul>
	Pool closed	Water Walking 1pm-2:30pm	Pool closed		<ul style="list-style-type: none"> <li>Community Swim               <ul style="list-style-type: none"> <li>10:40-11:30am</li> </ul> </li> <li>Community Swim               <ul style="list-style-type: none"> <li>11:40am-12:30pm</li> </ul> </li> </ul>	
	Pool closed	Pool closed	<ul style="list-style-type: none"> <li>Community Swim               <ul style="list-style-type: none"> <li>12:40-1:30pm</li> </ul> </li> <li>Community Swim               <ul style="list-style-type: none"> <li>1:40-2:30pm</li> </ul> </li> </ul>			
<ul style="list-style-type: none"> <li>Recreational Swim               <ul style="list-style-type: none"> <li>3:40-4:30pm</li> <li>4:40-5:30pm</li> <li>5:40-6:30pm</li> <li>6:40-7:30pm</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Swim Lessons               <ul style="list-style-type: none"> <li>4-4:30pm</li> <li>4:35-5:05pm</li> <li>5:10-5:40pm</li> <li>5:45-6:15pm</li> <li>6:20-6:50pm</li> </ul> </li> <li>Private Swim Lessons               <ul style="list-style-type: none"> <li>3:25-7:30pm</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Recreational Swim               <ul style="list-style-type: none"> <li>3:40-4:30pm</li> <li>4:40-5:30pm</li> <li>5:40-6:30pm</li> <li>6:40-7:30pm</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Swim Lessons               <ul style="list-style-type: none"> <li>4-4:30pm</li> <li>4:35-5:05pm</li> <li>5:10-5:40pm</li> <li>5:45-6:15pm</li> <li>6:20-6:50pm</li> </ul> </li> <li>Private Swim Lessons               <ul style="list-style-type: none"> <li>3:25-7pm</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Recreational Swim               <ul style="list-style-type: none"> <li>3:40-4:30pm</li> <li>4:40-5:30pm</li> <li>5:40-6:30pm</li> <li>6:40-7:30pm</li> </ul> </li> </ul>		

<b>AQUATIC CENTER SCHEDULE</b> Monday - Friday 6am-7:30pm Saturday - Sunday 8am-2:30pm	<ul style="list-style-type: none"> <li>● Sammamish Community Swim is open to YMCA members and Sammamish residents. Reservation required.</li> <li>● Enrollment in swim lessons required and additional fees apply.</li> </ul> <p>Visit <a href="http://www.seattleyymca.org">www.seattleyymca.org</a> to register for Community Swim or enroll in swim lessons.</p>	<ul style="list-style-type: none"> <li>★ Included with membership—reservation required. Start a reservation by scanning this QR code with your smart device:</li> </ul>	
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# LAP POOL SCHEDULE

January 2022

All Times Subject to Change

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY											
	Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes											
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
6am							Lap Swim 6am-8:45am						Lap Swim 6am-8:45am						Lap Swim 6am-8:45am						Lap Swim 6am-8:45am						Lap Swim 6am-8:45am																	
7am							Lap Swim 6am-9:30am						Lap Swim 6am-9:30am						Lap Swim 6am-9:30am						Lap Swim 6am-9:30am						Lap Swim 6am-9:30am																	
8am	Lap Swim 6am-12pm						Lap Swim 6am-1pm						Lap Swim 6am-12pm						Lap Swim 6am-1pm						Lap Swim 6am-12pm						Lap Swim 6am-12pm						Lap Swim 6am-12pm											
9am							AQUA Fitness Alison 9:45am-10:45am						AQUA Fitness Hsaioiling 8:30am-9:30am						AQUA Fitness Alison 9:45am-10:45am						Lap Swim 6am-12pm						Lap Swim 6am-12pm						Lap Swim 6am-12pm											
10am							Lap Swim 11am-1pm						Lap Swim 9:45am-12pm						Lap Swim 11am-1pm						Lap Swim 11am-1pm						Lap Swim 8am-2:30pm						Lap Swim 8am-2:30pm											
11am							Lap Swim 11am-1pm						Lap Swim 9:45am-12pm						Lap Swim 11am-1pm						Lap Swim 11am-1pm						Lap Swim 8am-2:30pm						Lap Swim 8am-2:30pm											
12pm	12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						Lap Swim 8am-2:30pm						Lap Swim 8am-2:30pm											
1pm	12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						Lap Swim 8am-2:30pm						Lap Swim 8am-2:30pm											
2pm	12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						12-3pm Pool closed						Lap Swim 8am-2:30pm						Lap Swim 8am-2:30pm											
3pm	Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm											
4pm							Lap Swim 3pm-4pm						Lap Swim 3pm-4pm						Lap Swim 3pm-4pm						Lap Swim 3pm-4pm						Lap Swim 3pm-4pm						Lap Swim 3pm-4pm											
5pm							Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm											
6pm							Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm											
7pm							Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm											

\* Reservation required

\*\*Reservation required and additional fees apply  
Visit [www.seattlemca.org](http://www.seattlemca.org) to sign up for swim lessons

Updated 12/23/2021