



# SNOQUALMIE VALLEY GYM SCHEDULE

**JAN  
2022**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	6:00-7:30AM PICKLEBALL	6:00AM-2:30PM BASKETBALL	6:00-7:30AM PICKLEBALL	6:30 - 7:15AM HIGH FITNESS KARLEE	6:00-7:45AM BASKETBALL	CLOSED
	8:00 - 9:00AM BARBELL PUMP DIANA		8:00 - 9:00AM BARBELL PUMP DIANA	7:30-2:30PM BASKETBALL	8:00 - 9:00AM BARBELL PUMP DIANA	
8:00AM-12:30PM FAMILY BASKETBALL	9:15 - 10:00AM ZUMBA® GOLD DIANA	6:00AM-2:30PM BASKETBALL	9:15 - 10:00AM ZUMBA® GOLD DIANA		7:30-2:30PM BASKETBALL	9:15-10:00AM OPEN GYM
	10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA		10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA	10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA		
12:30-3:00PM COMMUNITY TEENS (GRADES 5 - 12)  BASKETBALL	11:30AM-2:30PM BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12)  BASKETBALL	11:30AM-2:30PM BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12)  BASKETBALL	11:30AM-2:30PM BASKETBALL	12:30-3:00PM COMMUNITY TEENS (GRADES 5 - 12)  VOLLEYBALL / BADMINTON
	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12)  BASKETBALL		2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12)  BASKETBALL		2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12)  BASKETBALL	
CLOSED	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-7:30PM FAMILY VOLLEYBALL	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM ADULT VOLLEYBALL (AGE 16+)	CLOSED

**FOR MORE INFORMATION CONTACT MONA MORRISSEY AT [RMORRISSEY@SEATTLEYMCA.ORG](mailto:RMORRISSEY@SEATTLEYMCA.ORG)**