



# AUBURN VALLEY AQUATICS SCHEDULE

**JAN  
2022**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
6:00-12:00PM <b>LAP SWIM</b> Lap pool-4 lanes	6:00-12:00PM <b>LAP SWIM</b> Lap pool-4 lanes	6:00-12:00PM <b>LAP SWIM</b> Lap pool-4 lanes	6:00-12:00PM <b>LAP SWIM</b> Lap pool-4 lanes	6:00-12:00PM <b>LAP SWIM</b> Lap pool-4 lanes	8:00-2:30PM <b>LAP SWIM</b> Lap pool-3 lanes
		9:00-10:00AM <b>Aqua Fitness</b> Activity Pool		9:00-10:00AM <b>Aqua Fitness</b> Activity Pool	9:30-10:00 AM <b>PRIVATE LESSONS</b> Lap Pool
10:00-11:00AM <b>Arthritis &amp; Injury</b> <b>Aqua Fitness</b> Activity Pool		10:00-11:00AM <b>Arthritis &amp; Injury</b> <b>Aqua Fitness</b> Activity Pool		10:00-11:00AM <b>Arthritis &amp; Injury</b> <b>Aqua Fitness</b> Activity Pool	10:10-10:40AM <b>PRIVATE LESSONS</b> Lap Pool
5:15-6:00PM <b>Aq Conditioning</b> Lap Pool		5:15-6:00PM <b>Aq Conditioning</b> Lap Pool			10:50-11:20AM <b>PRIVATE LESSONS</b> Lap Pool
3:40-4:30PM <b>REC SWIM</b> Activity Pool	4:15-5:45PM <b>GRP SWIM LESSONS</b> Activity Pool	3:40-4:30PM <b>REC SWIM</b> Activity Pool	4:15-5:45PM <b>GRP SWIM LESSONS</b> Activity Pool	3:40-4:30PM <b>REC SWIM</b> Activity Pool	11:30-12:00PM <b>PRIVATE LESSONS</b> Lap Pool
4:40-5:30PM <b>REC SWIM</b> Activity Pool	4:50-5:20PM <b>GRP SWIM LESSONS</b> Activity Pool	4:40-5:30PM <b>REC SWIM</b> Activity Pool	4:50-5:20PM <b>GRP SWIM LESSONS</b> Activity Pool	4:40-5:30PM <b>REC SWIM</b> Activity Pool	12:10-12:40PM <b>PRIVATE LESSONS</b> Lap Pool
5:40-6:30PM <b>REC SWIM</b> Activity Pool	5:30-6:00PM <b>GRP SWIM LESSONS</b> Activity Pool	5:40-6:30PM <b>REC SWIM</b> Activity Pool	5:30-6:00PM <b>GRP SWIM LESSONS</b> Activity Pool	5:40-6:30PM <b>REC SWIM</b> Activity Pool	11:40-12:30PM 12:40-1:30PM
6:40-7:30PM <b>REC SWIM</b> Activity Pool	6:05-6:35PM <b>GRP SWIM LESSONS</b> Activity Pool	6:40-7:30PM <b>REC SWIM</b> Activity Pool	6:05-6:35PM <b>GRP SWIM LESSONS</b> Activity Pool	6:40-7:30PM <b>REC SWIM</b> Activity Pool	1:40-2:30PM <b>REC SWIM</b>
	6:45-7:15PM <b>GRP SWIM LESSONS</b> Activity Pool		6:45-7:15PM <b>GRP SWIM LESSONS</b> Activity Pool	3:00-7:30PM <b>LAP SWIM</b> Lap Pool-4 lanes	<b>SUNDAY</b> 8:00-2:30PM <b>LAP SWIM</b> Lap pool-3 lanes
4:15-5:45PM <b>PRIVATE LESSONS</b> Lap Pool	4:45-5:15PM <b>PRIVATE LESSONS</b> Lap Pool	4:15-5:45PM <b>PRIVATE LESSONS</b> Lap Pool	4:45-5:15PM <b>PRIVATE LESSONS</b> Lap Pool		11:40-12:30PM 12:40-1:30PM
4:50-5:20PM <b>PRIVATE LESSONS</b> Lap Pool	5:20-5:50PM <b>PRIVATE LESSONS</b> Lap Pool	4:50-5:20PM <b>PRIVATE LESSONS</b> Lap Pool	5:20-5:50PM <b>PRIVATE LESSONS</b> Lap Pool		1:40-2:30PM <b>REC SWIM</b> Activity Pool
5:30-6:00PM <b>PRIVATE LESSONS</b> Lap Pool	5:55-6:25PM <b>PRIVATE LESSONS</b> Lap Pool	5:30-6:00PM <b>PRIVATE LESSONS</b> Lap Pool	5:55-6:25PM <b>PRIVATE LESSONS</b> Lap Pool		
6:05-6:35PM <b>PRIVATE LESSONS</b> Lap Pool		6:05-6:35PM <b>PRIVATE LESSONS</b> Lap Pool			
6:45-7:15PM <b>PRIVATE LESSONS</b> Lap Pool		6:45-7:15PM <b>PRIVATE LESSONS</b> Lap Pool			
3:00-7:30PM <b>LAP SWIM</b> Lap Pool-3 lanes	3:00-7:30PM <b>LAP SWIM</b> Lap Pool-3 lanes	3:00-7:30PM <b>LAP SWIM</b> Lap Pool-3 lanes	3:00-7:30PM <b>LAP SWIM</b> Lap Pool-3 lanes		

**Important member information:**

- Pool closes 30 minutes prior to facility closure
- Please adhere to the circle swim rules when there are more than two swimmers per lane
- Upon resting please maintain social distancing and space out accordingly
- Masks must be worn walking onto and away from the pool on deck, while in the hot tub and in all building areas.