




FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# ACTIVITY POOL

November 2021

All Times Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Pool closed	Pool closed	Pool closed	Pool closed	Pool closed	● Community Swim 8:40-9:30am	Pool closed
	Water Walking 11am-1pm		Water Walking 11am-1pm		● Community Swim 9:40-10:30am	
	Pool closed 1-4pm		Water Walking 1pm-2:30pm		● Private Swim Lessons 1pm-2:30pm	
		Pool closed	Pool closed 1-4pm		● Community Swim 11:40am-12:30pm	★ Recreational Swim 11:40am-12:30pm
					● Community Swim 12:40-1:30pm	★ Recreational Swim 12:40-1:30pm
					● Community Swim 1:40-2:30pm	★ Recreational Swim 1:40-2:30pm
★ Recreational Swim 3:40-4:30pm 4:40-5:30pm 5:40-6:30pm 6:40-7:30pm	● Swim Lessons 4-4:30pm 4:35-5:05pm 5:10-5:40pm 5:45-6:15pm 6:20-6:50pm	● Private Swim Lessons 4-7pm	★ Recreational Swim 3:40-4:30pm 4:40-5:30pm 5:40-6:30pm 6:40-7:30pm	● Swim Lessons 4-4:30pm 4:35-5:05pm 5:10-5:40pm 5:45-6:15pm 6:20-6:50pm	● Private Swim Lessons 4-7pm	★ Recreational Swim 3:40-4:30pm 4:40-5:30pm 5:40-6:30pm 6:40-7:30pm

<b>AQUATIC CENTER SCHEDULE</b> Monday - Friday 6am-12pm, 3pm-7:30pm Saturday - Sunday 8am-2:30pm		<ul style="list-style-type: none"> <li>● Sammamish Community Swim is open to YMCA members and Sammamish residents. Reservation required.</li> <li>● Enrollment in swim lessons required and additional fees apply.</li> </ul> Visit <a href="http://www.seattleymca.org">www.seattleymca.org</a> to register for Community Swim or enroll in swim lessons.	<ul style="list-style-type: none"> <li>★ Included with membership—reservation required. Start a reservation by scanning this QR code with your smart device:</li> </ul> 
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# LAP POOL SCHEDULE

November 2021

All Times Subject to Change

	MONDAY						TUESDAY						WEDNESDAY						THURSDAY						FRIDAY						SATURDAY						SUNDAY											
	Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes						Lap Lanes																	
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
6am	Lap Swim 6am-9:30am						Community Partner 6am-7am						Lap Swim 6am-8:15am						Lap Swim 6am-9am						Lap Swim 6am-9:30am						Community Partner 6am-7am																	
7am																																																
8am							9:30am-3pm Pool closed						Lap Swim 7am-1pm						AQUA Fitness Hsaiofing 8:30am-9:30am						Lap Swim 9am-12pm						Lap Swim 7am-1pm						Lap Swim 8am-2:30pm											
9am																																																
10am	9:30am-3pm Pool closed												AQUA Fitness Alison 9:45am-10:45am						Lap Swim 9am-12pm						AQUA Fitness Alison 9:45am-10:45am						Pool closed						Lap Swim 8am-2:30pm											
11am																																																
12pm							9:30am-3pm Pool closed						Lap Swim 11am-1pm						Lap Swim 9am-12pm						Lap Swim 11am-1pm						Lap Swim 8am-2:30pm																	
1pm																																																
2pm	9:30am-3pm Pool closed												12pm-3pm Pool closed						12pm-3pm Pool closed						12pm-3pm Pool closed						Lap Swim 11:30am-2:30pm																	
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4pm																																																
5pm	Lap Swim 4:30pm-7:30pm						Lap Swim 4pm-7pm						Lap Swim 5:30pm-7:30pm						Lap Swim 3pm-7:30pm						Lap Swim 3pm-7:30pm																							
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8pm																																																

\* Reservation required

\*\*Reservation required and additional fees apply  
Visit [www.seattlemca.org](http://www.seattlemca.org) to sign up for swim lessons

Updated 11/2/2021