



AUBURN VALLEY YMCA GYM SCHEDULE

**NOV
2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00-3:00PM OPEN GYM	6:00AM-4:15PM OPEN GYM	6:00AM-8:00PM OPEN GYM	6:00-10:00AM OPEN GYM	6:00-7:00AM OPEN GYM	6:00-7:30AM OPEN GYM	8:00-3:00PM OPEN GYM
			10:00-11:00AM CLOSED FOR GROUP EXERCISE			
				7:00-9:00AM PICKLEBALL		
			3:30-4:30PM TABLE TENNIS SOUTH END	9:00AM-8:00PM OPEN GYM		
	4:15-7:30PM CLOSED FOR YOUTH SPORTS PROGRAMS					
	7:30-8:00PM OPEN GYM		4:30-8:00PM OPEN GYM			

FOR MORE INFORMATION CONTACT KERRY ASHBY, KASHBY@seattleyymca.org