

KENT YMCA | LAP POOL SCHEDULE | NOVEMBER 15-DECEMBER 19, 2021

	Monday						Tuesday						Wednesday						Thursday						Friday						Saturday						Sunday																		
	6	5	4	3	2	1	6	5	4	3	2	1	6	5	4	3	2	1	6	5	4	3	2	1	6	5	4	3	2	1	6	5	4	3	2	1	6	5	4	3	2	1	6	5	4	3	2	1							
6:00 AM																																					6:00 AM																		
7:00 AM																																											7:00 AM												
8:00 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Walking	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Walking	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Walking	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Walking	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Water Walking	Lap Swim						Lap Swim						8:00 AM												
9:00 AM																															City of Kent Adaptive Swim						Private Lessons						9:00 AM												
10:00 AM																															Private Lessons						Lap Swim						10:00 AM												
11:00 AM																															Private Lessons						Lap Swim						11:00 AM												
12:00 PM																															Private Lessons						Lap Swim						12:00 PM												
1:00 PM	Pool Deck Closed 12:00-3:00pm						Pool Deck Closed 12:00-3:00pm						Pool Deck Closed 12:00-3:00pm						Pool Deck Closed 12:00-3:00pm						Pool Deck Closed 12:00-3:00pm																		1:00 PM												
2:00 PM																																																	2:00 PM						
3:00 PM	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						3:00 PM												
4:00 PM	Swim Team 4-5:30pm						Swim Team 4-5:30pm						Swim Team 4-5:30pm						Swim Team 4-5:30pm						Swim Team 4-5:30pm						Swim Team 4-5:30pm						Swim Team 4-5:30pm						4:00 PM												
5:00 PM	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						5:00 PM						
6:00 PM	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						6:00 PM						
7:00 PM	Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						Lap Swim						7:00 PM						
7:30 PM																																																							7:30 PM

KENT YMCA | ACTIVITY POOL SCHEDULE | NOVEMBER 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM						Pool Deck Opens 8:00am	
7:00 AM						Pool Deck Opens 8:00am	
8:00 AM		Water Fitness 8-9am		Water Fitness 8-9am			
9:00 AM							
10:00 AM							
11:00 AM						City of Kent Adaptive Swim	*Rec Swim 11:40-12:30pm
12:00 PM							
1:00 PM	Pool Deck Closed 12:00-3:00pm	Pool Deck Closed 12:00-3:00pm	Pool Deck Closed 12:00-3:00pm	Pool Deck Closed 12:00-3:00pm	Pool Deck Closed 12:00-3:00pm	*Rec Swim 12:40-1:30pm	*Rec Swim 12:40-1:30pm
2:00 PM						*Rec Swim 1:40-2:30pm	*Rec Swim 1:40-2:30pm
3:00 PM							
3:30 PM							
4:00 PM	Swim Lessons 3:45-4:15pm	*Rec Swim 3:40-4:30pm	Swim Basics 3:45-4:15pm	*Rec Swim 3:40-4:30pm	*Rec Swim 3:40-4:30pm		
4:30 PM	Swim Strokes 4:30-5pm		Swim Strokes 4:30-5pm				
5:00 PM		*Rec Swim 4:40-5:30pm		*Rec Swim 4:40-5:30pm	*Rec Swim 4:40-5:30pm	Pool Deck Closes at 2:30pm	
5:30 PM	Swim Basics 5:15-5:45pm		Swim Basics 5:15-5:45pm				
6:00 PM	Swim Strokes 6pm-6:30pm	*Rec Swim 5:40-6:30pm	Swim Strokes 6pm-6:30pm	*Rec Swim 5:40-6:30pm	*Rec Swim 5:40-6:30pm		
6:30 PM							
7:00 PM	Swim Basics 6:45-7:15pm	*Rec Swim 6:40-7:30pm	Swim Basics 6:45-7:15pm	*Rec Swim 6:40-7:30pm	*Rec Swim 6:40-7:30pm		
7:30 PM							

*RESERVATIONS ARE REQUIRED FOR RECREATIONAL SWIM