



SNOQUALMIE VALLEY GYM SCHEDULE

**NOV
2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	6:00-7:30AM PICKLEBALL	6:00AM-2:30PM BASKETBALL	6:00-7:30AM PICKLEBALL	6:30 - 7:15AM HIGH FITNESS KARLEE	6:00-7:45AM BASKETBALL	CLOSED
	8:00 - 9:00AM BARBELL PUMP DIANA		8:00 - 9:00AM BARBELL PUMP DIANA	7:30-9:00AM BASKETBALL		
8:00AM-12:30PM FAMILY BASKETBALL	9:15 - 10:00AM ZUMBA® GOLD DIANA	6:00AM-2:30PM BASKETBALL	9:15 - 10:00AM ZUMBA® GOLD DIANA	9:15 - 10:00AM TRX® - CIRCUIT MONA	9:15-10:00AM OPEN GYM	8:00AM-12:30PM FAMILY BASKETBALL (HALF COURT) BADMINTON (HALF COURT)
	10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA		10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA	10:15AM-2:30PM BASKETBALL	10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA	
12:30-3:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	11:30AM-2:30PM BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	11:30AM-2:30PM BASKETBALL		2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	11:30AM-2:30PM BASKETBALL
	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL		2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL		2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL
CLOSED	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM FAMILY BASKETBALL	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM VOLLEYBALL	CLOSED

FOR MORE INFORMATION CONTACT MONA MORRISSEY AT RMORRISSEY@SEATTLEYMCA.ORG