



KENT YMCA GYM SCHEDULE

**OCT
2021**

GYM 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN GYM 8:00AM- 2:45PM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 5:45PM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 2:45PM
				BOOTCAMP 6:00-7:00PM		
				OPEN GYM 7:00-7:45PM		

GYM 2

OPEN GYM 8:00- 9:50AM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 4:15PM	OPEN GYM 6:00AM- 7:45PM	OPEN GYM 6:00AM- 2:45PM
FAMILY BOOTCAMP 10:00- 11:00AM				SPORTS*\$ SAMPLER MINI'S 4:30-5:15PM		
OPEN GYM 11:00AM- 2:45PM				BASKETBALL- JUNIORS*\$ 6:30-7:15PM		
				OPEN GYM 7:15-7:45PM		\$-FEE BASED PROGRAM *REGISTRATION REQUIRED

FOR MORE INFORMATION CONTACT Kim VonWald, kvonwald@seattleyymca.org