



SNOQUALMIE VALLEY GYM SCHEDULE

**OCT
2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	6:00-7:30AM PICKLEBALL		6:00-7:30AM PICKLEBALL		6:00-7:45AM BASKETBALL	CLOSED
8:00AM-12:30PM FAMILY BASKETBALL	8:00 - 9:00AM BARBELL PUMP DIANA	6:00AM-2:30PM BASKETBALL	8:00 - 9:00AM BARBELL PUMP DIANA	6:00AM-2:30PM BASKETBALL	8:00 - 9:00AM BARBELL PUMP DIANA	8:00AM-12:30PM FAMILY BASKETBALL (HALF COURT) BADMINTON (HALF COURT)
	9:15 - 10:00AM ZUMBA® GOLD DIANA		9:15 - 10:00AM ZUMBA® GOLD DIANA		9:15-10:00AM OPEN GYM	
	10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA		10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA		10:15 - 11:15AM AOA - CARDIO & STRENGTH DIANA	
12:30-3:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	11:30AM-2:30PM BASKETBALL		11:30AM-2:30PM BASKETBALL		11:30AM-2:30PM BASKETBALL	12:30-3:00PM COMMUNITY TEENS (GRADES 5 - 12) VOLLEYBALL OR BADMINTON
	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	2:30-5:00PM COMMUNITY TEENS (GRADES 5 - 12) BASKETBALL	
CLOSED	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM FAMILY BASKETBALL	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM ADULT BASKETBALL (AGE 16+)	5:00-8:00PM VOLLEYBALL	CLOSED

FOR MORE INFORMATION CONTACT MONA MORRISEY AT RMORRISEY@SEATTLEYMCA.ORG