



# DALE TURNER GYM SCHEDULE

**OCTOBER  
2021**

| SUNDAY                    | MONDAY                      | TUESDAY                                  | WEDNESDAY                   | THURSDAY                                 | FRIDAY                     | SATURDAY   |
|---------------------------|-----------------------------|--|-----------------------------|--|----------------------------|--|
|                           | 6:00—7:00AM<br>*OPEN GYM    | 6:00—7:00AM<br>*OPEN GYM                 | 6:00—7:00AM<br>*OPEN GYM    | 6:00—7:00AM<br>*OPEN GYM                 |                            |  |
|                           | 7:00—9:00AM<br>PICKLEBALL   | 7:00-9:00AM<br>PICKLEBALL                | 7:00—9:00AM<br>PICKLEBALL   | 7:00—9:00AM<br>PICKLEBALL                |                            |  |
| 8:00-3:00PM<br>* OPEN GYM | 9:00-3:30PM<br>* OPEN GYM   | 9:00—9:55AM<br>AOA DANCE                 | 9:00—9:55AM<br>AOA STRENGTH | 9:00-9:55AM<br>AOA DANCE                 | 6:00—3:00PM<br>* OPEN GYM  | 8:00-3:00PM<br>* OPEN GYM  |
|                           |                             | 10:00—10:55AM<br>STRENGTH & CONDITIONING |                             | 10:00-10:55AM<br>STRENGTH & CONDITIONING |                            |  |
|                           |                             | 11:00-8:00PM<br>* OPEN GYM               | 10:00-3:00PM<br>* OPEN GYM  | 11:00-5:00PM<br>* OPEN GYM               |                            |  |
|                           | 3:30—7:00PM<br>YOUTH SPORTS | 4:30—7:00PM<br>YOUTH SPORTS              | 3:00—7:55PM<br>TEEN TIME    | 5:00-5:45pm<br>ADULT BALL HOCKEY         |                            |  |
|                           | 7:00—7:55PM<br>* OPEN GYM   | 7:00—7:55PM<br>* OPEN GYM                |                             | 6:00—7:55PM<br>* OPEN GYM                | 3:00—7:55PM<br>* TEEN TIME | * At all times<br>at least 1<br>hoop must be<br>left open for<br>free shooting |

FOR MORE INFORMATION CONTACT Sean Klever, [sklever@seattleyymca.org](mailto:sklever@seattleyymca.org)

update 9/22