



MEREDITH MATHEWS GYM SCHEDULE

**OCTOBER
2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p>9:00-10:15AM TOTAL BODY CONDITIONING Anthony EAST SIDE</p>			<p>9:45-11:00AM TOTAL BODY CONDITIONING Paul EAST SIDE</p>	
						<p>9:30 - 11:00AM SPORTS SAMPLER MINIS \$ EAST SIDE</p>
		<p>4:30-6:30PM BASKETBALL SKILLS ACADEMY \$ EAST SIDE</p>				

**\$-FEE BASED
PROGRAM
REGISTRATION
REQUIRED**

FOR MORE INFORMATION CONTACT NURIA UGALDE, nugalde@seattleyymca.org