



AUBURN VALLEY YMCA GYM SCHEDULE

**OCT
2021**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00AM-3:00PM OPEN GYM	6:00AM-8:00PM OPEN GYM	6:00AM-7:00PM OPEN GYM	6:00AM-10:00AM OPEN GYM	6:00AM-7:00AM OPEN GYM	6:00AM-8:00PM OPEN GYM	8:00AM-3:00PM OPEN GYM
			10:00-11:00AM CLOSED FOR GROUP EXERCISE	7:00-9:00AM PICKLEBALL		
			11:00AM-8:00PM OPEN GYM	9:00AM-7:00PM OPEN GYM		
		4:15-6:30PM CLOSED FOR YOUTH SPORTS PROGRAMS (9/14-10/20 ONLY)	3:30-4:30PM TABLE TENNIS SOUTH END ONLY		3:45-7:00PM CLOSED FOR YOUTH SPORTS PROGRAMS (9/17-10/22 ONLY)	
			5:15-6:30PM CLOSED FOR YOUTH SPORTS PROGRAMS (9/17-10/20 ONLY)			
		7:00-8:00PM CLOSED FOR GROUP EXERCISE		7:00-8:00PM CLOSED FOR GROUP EXERCISE		

FOR MORE INFORMATION CONTACT KERRY ASHBY, KASHBY@seattleyymca.org