



# Downtown Gym Schedule

OCT

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CLOSED	7:00AM - 7:00PM  OPEN GYM	7:00AM - 7:00PM  OPEN GYM	7:00AM - 7:00PM  OPEN GYM	7:00AM - 7:00PM  OPEN GYM	7:00AM - 7:00PM  OPEN GYM	CLOSED

FOR MORE INFORMATION CONTACT [Laura Ehret, lehret@seattleyymca.org](mailto:lehret@seattleyymca.org)