



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POOL SCHEDULE

October 2021 (effective September 26)

All Times Subject to Change

	MONDAY				TUESDAY				WEDNESDAY				THURSDAY				FRIDAY				SATURDAY				SUNDAY																				
	Lap Lanes				Lap Lanes				Lap Lanes				Lap Lanes				Lap Lanes				Lap Lanes																								
	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4																	
6am	Lap Swim 6am-12pm				Lap Swim 6am-12pm				Lap Swim 5am-7am				Lap Swim 6am-12pm				Lap Swim 6am-9:30am				Lap Swim 8am-11:30am				Lap Swim 8am-11:30am				6am																
7am									AQUA Fitness 7:15am-8:45am								Lap Swim 8:30am-12pm												AQUA Fitness 9:45am-10:45am				7am												
8am									12-3pm Pool Closed								12-3pm Pool Closed												12-3pm Pool Closed				12-3pm Pool Closed				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				8am
9am																																					Lap swim 3pm-6:15pm				Lap swim 3pm-5:45pm				Lap swim 3pm-6:15pm
10am	12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				10am																				
11am																									Lap swim 3pm-6:15pm				Lap swim 3pm-5:45pm				Lap swim 3pm-6:15pm				Lap swim 3pm-5:30pm				11am				
12pm	12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				12pm																				
1pm																									Lap swim 3pm-6:15pm				Lap swim 3pm-5:45pm				Lap swim 3pm-6:15pm				Lap swim 3pm-5:30pm				1pm				
2pm	12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				2pm																				
3pm																									Lap swim 3pm-6:15pm				Lap swim 3pm-5:45pm				Lap swim 3pm-6:15pm				Lap swim 3pm-5:30pm				3pm				
4pm	12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				4pm																				
5pm																									Lap swim 3pm-6:15pm				Lap swim 3pm-5:45pm				Lap swim 3pm-6:15pm				Lap swim 3pm-5:30pm				5pm				
6pm	12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				12-3pm Pool Closed				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				*Recreational Swim 11:40am-12:30pm 1:40pm-2:30pm 12:40pm-1:30pm				6pm																				
7pm																									AQUA Fitness 6:30pm-7:30pm				Lap Swim 6pm-7:15pm				AQUA Fitness 6:30pm-7:30pm				Lap Swim 6pm-7:15pm				7pm				

* Reservation required

**Reservation required and additional fees apply
Visit www.seattlemca.org to sign up for swim lessons

Updated 9/25/2021