



YMCA of Greater Seattle
COVID-19 related details for Summer Camp 2021
at Camp Colman/Camp Orkila
Effective May 26, 2021

We are so excited to return to youth and teen summer camp this summer! While we are planning as normal of a summer camp experience as possible, we know there will be a continued need for modifications to help keep us all healthy. Please review the following with your camper so you know what to expect and what will be required to join us this summer. These guidelines have been developed utilizing guidance from the State of Washington, County Public Health, and the American Camp Association. This is based on the information we have to date and is subject to change based on evolving situations. Any changes will be communicated as soon as they become available.

The YMCA of Greater Seattle and Camp Colman/Camp Orkila are committed to equity for all. If any of the items listed below present a barrier to your child attending camp, please contact:

- **For Camp Colman** - Daniel Alpers at 206.717.2593 for a conversation about your situation so we can help remove the barrier for you.
- **For Camp Orkila** – our offices at 206.382.5009 for a conversation about your situation so we can help remove the barrier for you.

Before Camp

Per Washington State requirements all campers and staff must do one of the following before arriving to camp:

- 1) Be fully vaccinated
 - a. for the purposes of this procedure, people are considered fully vaccinated for COVID-19 two or more weeks after they have received the second dose in a 2-dose series (Pfizer-BioNTech or Moderna) or two or more weeks after they have received a single-dose vaccine (Johnson and Johnson (J&J)/Janssen).
 - b. Official written verification of the vaccination (vaccination card, medical record from physician, verification from state vaccination database or the like) or test results is required. This verification will need to be shown to camp staff at check-in.
- 2) Receive a negative COVID-19 test no more than three days prior to arrival and remain in quarantine between the test and start of camp.
 - a. Details on quarantining can be found at the [Department of Health's website](#).
 - b. To utilize the negative COVID-19 test option, please see [CDC airline checklist](#) for details on what is required to verify a negative test result. This checklist will be what we will require for camp to verify negative test results.

- c. To locate COVID-19 testing sites:
 - [COVID-19 test locations in King County](#)
 - [COVID-19 test locations in Pierce County](#)
 - [COVID-19 test locations in Washington State](#)
- d. If your family has difficulty locating a testing location or getting to a testing location, please contact YMCA staff at campinfo@seattleyymca.org for assistance.

Anyone unable to meet one of these two conditions is not allowed to participate in camp.

Regarding vaccines and youth participants: As vaccines are approved for younger individuals, campers of this age are able to be vaccinated rather than tested. Please be aware of the minimum amount of time it will take from first dose to “full vaccination”. As an example, the Pfizer vaccine requires at least 3 weeks between dose 1 & 2, and then the individual must be 2 weeks past the final dose to be considered “fully vaccinated”. Please make sure to account for this if you are planning to utilize this option.

Another important note about scheduling vaccinations and camp: Because some individuals experience some symptoms that are part of the health screen, we recommend you do not schedule your camper to be at camp in the week following either vaccination dose. Having received the vaccine does not allow us to forego the screening requirements.

- A healthy camp begins at home. Regardless of testing or vaccination status, we ask campers and family members to self-monitor for 14 days prior to camp. If anyone in your household experiences any of these symptoms please contact us so we can try to reschedule your session. This greatly reduces the spread of illness at camp and also supports recovery.
- To help set your camper up for success and get ready for camp life, we ask you to help them practice healthy habits at home, following [basic precautions as outlined by the CDC](#) for protection yourself and others against the spread of COVID –19. This includes:
 - getting vaccinated
 - wearing a mask that covers your nose and mouth
 - staying 6 feet from people who don’t live with you
 - avoiding crowds and poorly ventilated spaces
 - washing hands often with soap and water or using hand sanitizer if soap and water aren’t readily available
- Please limit interaction with people outside your household for the 10 days prior to camp if at all possible. If gathering outside of one’s household, follow [Washington State guidance](#) around safer gatherings as well as the guidance of your local county.
- If campers are coming from out of state or have recently traveled out of state, they should follow [CDC Travel Guidelines](#) and [Washington State Travel Guidelines](#).

Arriving at Camp – Drive-thru Drop-Off

- We ask that only one family travels per vehicle and to reduce the number of people in the vehicle whenever possible.
- In the event you must travel with someone outside your household, Washington State guidelines require all members of the travel group, including the driver, wear a face covering and spread out as much as possible within the vehicle, with family member sitting together. In addition, please maximize ventilation in the vehicle by opening windows.

- Please remember the need to quarantine between test and arrival and refrain from stops on your way to camp.
- To facilitate traffic flow, campers will be assigned arrival times. Please do your best to arrive during your assigned time window.
- Everyone over the age of 5 in the vehicle needs to be wearing a mask upon arrival at camp.
- Everyone will need to remain in the vehicle until otherwise instructed by staff.
- Staff will perform a health screen of your camper upon arrival. Camper must remain in the vehicle for this screening. If the camper has a fever or signs of illness, they may not be admitted to camp. Screening will include:
 - Temperature check with a touchless forehead thermometer
 - Visual screening
 - A series of questions including whether or not they or anyone in their household have experienced any of the following: congestion or runny nose, cough, fatigue, fever or chills, headache, muscle or body aches, nausea or vomiting, recent loss of taste or smell, shortness of breath or difficulty breathing, sore throat, or diarrhea.
- When the health screen is completed, staff will ask the camper to exit the vehicle for a head lice check and then will direct the driver to proceed to their cabin area for drop off.
- Family members may help get camper's luggage out of car and say their goodbyes but may not leave the immediate area of the vehicle and must depart as soon as goodbyes are concluded. Family members may not interact with other families, visit other campers or enter the cabin.
- **Restrooms will not be available.**

Camp Life

- Campers will be assigned to a cabin group with 1-2 counselors and 4-6 additional campers. This will be their "cabin group" or "pod" for their session.
- Cabin groups will participate in all activities together.
- Cabin groups may be paired with one other cabin group to form a "**cohort**" of no more than 16 campers total.
- These cohorts will remain the same throughout the session and will do some activities together.
- If state and county guidance permits, activities with additional cohorts may be scheduled in large outdoor areas with physical distancing maintained between all groups.
- When possible, all activities except sleeping will be conducted outdoors. Campers should have rain gear and extra clothing/shoes in case of wet weather.
- Facial coverings are required to be worn at all times by all staff and campers, and anyone else present at the camp, except for when eating, drinking, brushing teeth or sleeping. Exceptions are allowed for specific outdoor activities such as sporting activities, outdoor recreation and water recreation. In these cases, we will follow [Washington State COVID-19 requirements](#) for the specific area.
- Camp staff will perform a daily health check on all campers at the start of each day. This will include a forehead temperature scan and the health screen questions they are asked upon arrival.
- Campers and staff will be expected to wash hands thoroughly throughout the day.
- To increase air circulation, cabin windows will be left open. Please make sure to send warm sleeping clothes and a warm sleeping bag for your camper.

Health Team, Medication and Illness – For Colman ONLY

- Our health team will be mobile this summer. They will bring medications to campers as needed and respond to injuries at the location they occur, rather than having campers come to the Health Center.
- Please make sure to note any medications your camper takes on the Medication Form. Because of our drive-thru check-in process, you will not see the Health Team at check in. The Health Team will be calling parents before the camp session to discuss any questions they may have regarding medication listed on the Medication Form. We will not be able to have these discussions at check in. Please make sure your contact information is current in your UltraCamp account so they can reach you prior to the session.

Health Procedures Specifically Related to COVID-19

- Camp staff will perform a daily health screen as indicated above for arrival day on all staff and campers.
- For sessions 5 days (4 nights) or longer, all non-vaccinated participants, staff and volunteers will take a Rapid Antigen test, administered by camp staff/volunteers three days into the camp session. Mid-week testing does not apply to participants in day camp or expedition programs at Camp Orkila.
- In the event a camper does not pass their daily health screen at camp the camper will be isolated and given a rapid antigen test for COVID-19. Regardless of results, caregivers will be contacted to make immediate arrangements to pick up their camper. Families will be encouraged to obtain a polymerase chain reaction (PCR) test for their camper and notify camp of the results.
- In the event of a positive rapid antigen COVID-19 test of any camper or staff:
 - YMCA staff will administer a rapid antigen test to all staff and campers in the cohort.
 - Caregivers of all campers in the cabin/pod will be contacted and must make immediate arrangements to pick up their camper.
 - If the County, and logistics, allow, fully vaccinated campers may be able to stay at camp. This will depend on the specific circumstances and situation.
 - YMCA staff will notify County Health Department.
 - YMCA will work with County to determine whether or not the staff and campers in the other cabin in that cabin's cohort are considered "close contacts". If they are determined to be close contacts, caregivers of the campers in that cabin will be contacted to make immediate arrangements to pick up campers.
 - Caregivers of any campers being sent home will be encouraged to obtain a PCR test for COVID-19 for their camper and to notify YMCA staff of results.
- **Important note:** For the safety of all, we are unable to keep ill campers at camp. Caregivers are expected to be able to have someone pick up their camper within 2 hours plus drive time from their home address to camp. (i.e. if you live in Bellevue and drive time to camp is 1 hour 20 min., you will need to ensure someone can be at camp to pick up your child within 3 hours & 20 min – drive time plus 2 hours) It is imperative that all families have a plan in place to be able to pick up their camper if notified and that YMCA has multiple emergency contact numbers for each camper.

COVID-19

- These procedures are designed to reduce the risk of COVID-19 introduction and spread at camp.
- We recommend you monitor your camper's health for 10-14 days after returning home from camp. If you have higher risk individuals at home, you may consider quarantining that person or your camper for 10-14 days after returning home from camp.

- If, within 14 days after returning home, your camper tests positive for COVID-19, we ask you to please notify us so we can notify other camper families. Your camper's personal information will be kept confidential in this instance.
- If anyone in your camper's cabin or cohort reports a positive COVID-19 test, we will notify all camper families in that cabin by phone and email.
- If anyone who was in camp during your camper's session, but was not in the cabin or cohort of your camper, reports a positive COVID-19 test, we will notify you by email.

We know this is a lot of information and we appreciate your attention to these expectations. We can't wait to see your camper this summer! If you have any questions or concerns, please contact

- **For Orkila:** Our Admin team at 206.382.5009 or campinfo@seattlemca.org
- **For Colman:** Daniel Alpers at 206.717.2593 or dalpers@seattlemca.org

FOR CAMP COLMAN ONLY

We will be hosting an optional Zoom-based parent information meeting for Camp Colman on June 7 at 5:00 p.m. These meetings will share some information about how best to prepare for camp as well as any other updates and an overview of camp programs and facilities. There will also be opportunities to ask questions about camp. To participate, email Daniel at dalpers@seattlemca.org and he will provide the link and access information.