



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



How the WISE Program Works

Wraparound with Intensive Services (WISE) are for youth between the ages of 5-20 who are experiencing mental health symptoms that disrupt or interfere with their functioning in family, school or with peers.

About the Y's Program

The Y provides WISE services for its Foster Care clients in King, Pierce, and Snohomish counties. Specifically, youth who are placed in a Y foster home, or youth enrolled in – or recently exited from – DCYF's Behavioral Rehabilitation Services Program with the Y as the service provider.

The Y can also facilitate referrals for a youth WISE screen outside of foster care.

The WISE Approach

WISE is a voluntary service that uses a team approach to meet a child/youth's needs. It provides intensive mental health services to help youth and their family meet their goals by:

- Providing services designed for achieving wellness, safety, and to strengthen relationships within their community
- Developing an individualized care plan, based on strengths and needs that respect their family culture, norms, and preferences
- Including natural supports such as family, friends, and spiritual advisors and the professionals who work with the family like counselors and probation officers
- Offering services and supports in locations and at times that work best for the family including at home or a public location of choice, and on evenings or weekends; including 24x7 crisis support

Please Note

The services provided under WISE are Medicaid services, and therefore require the youth to be eligible, and for agencies

to meet all applicable federal standards.

Anyone can make a referral for a WISE screen, including a youth (if 13+) and/or their family.

Referral List by County

<https://bit.ly/3aZCcYO>

