



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



**Youth and young adults that are experiencing a behavioral health crisis are referred to the Y through King County's Crisis Connections Network.**

The care the young person will receive may include:

**Mobile Outreach - Urgent response (within 2 hours) during the moment of crisis to:**

- › Work with clients, professionals, family members and natural supports
- › Provide safety and risk assessments
- › De-escalate and debrief crises
- › Provide collaborative crisis prevention planning
- › Identify priority needs to stabilize the family/young person
- › Hospitalization diversion or (if needed) hospital authorization for Medicaid eligible youth/young adults
- › Link to long-term mental health services, connection to natural supports and referrals to other community resources

**Short-term (up to 8 weeks) intensive community-based support, including:**

- › Brief therapeutic interventions
- › Peer support and mentoring through the use of multi-dimensional teams including Parent Partners, Behavior Specialists and Family Advocates (CCORS) and Clinical/Case Management coordination and intensive outpatient support for the homeless YA community (CORS-YA)
- › Parent skill building
- › Teaming with other professionals and advocating for youth, families and homeless young adults
- › Informal wraparound services
- › Crisis stabilization beds in therapeutic foster homes (youth) and transitional living home respite beds (young adults) for up to 72 hours.
- › Psychiatric nurse practitioner

**For more information, please contact the Crisis Connections Office:**

**(206) 461-3210  
M-F between 9:00am-5:00pm**