Youth and young adults that are experiencing a behavioral health crisis are referred to the Y through King County’s Crisis Connections Network.

The care the young person will receive may include:

**Mobile Outreach – Urgent response (within 2 hours) during the moment of crisis to:**
- Work with clients, professionals, family members and natural supports
- Provide safety and risk assessments
- De-escalate and debrief crises
- Provide collaborative crisis prevention planning
- Identify priority needs to stabilize the family/young person
- Hospitalization diversion or (if needed) hospital authorization for Medicaid eligible youth/young adults
- Link to long-term mental health services, connection to natural supports and referrals to other community resources

**Short-term (up to 8 weeks) intensive community-based support, including:**
- Brief therapeutic interventions
- Peer support and mentoring through the use of multi-dimensional teams including Parent Partners, Behavior Specialists and Family Advocates (CCORS) and Clinical/Case Management coordination and intensive outpatient support for the homeless YA community (CORS-YA)
- Parent skill building
- Teaming with other professionals and advocating for youth, families and homeless young adults
- Informal wraparound services
- Crisis stabilization beds in therapeutic foster homes (youth) and transitional living home respite beds (young adults) for up to 72 hours.
- Psychiatric nurse practitioner

For more information, please contact the Crisis Connections Office: (206) 461-3210
M-F between 9:00am-5:00pm