

## **Prepare Prayerfully. Pursue Persistently. Proceed Positively. Plan Purposefully.**

Dr. Tommie Smith

It's incredible to witness the momentum created when positive forces pull together for change, equity, and justice. Thank you for joining the YMCA of Greater Seattle, and our 18 Learning Partners and 33 Collective Members who made the commitment to "pull together" to advocate and create forward progress for all in our community, especially those who need us most.

The last two months have brought much needed conversation, learnings, and incredibly powerful insights and attention to diverse voices of struggle and hope to thousands, thanks to your support of the Unleashing Potential for All learning series.

### **This Resource Report includes:**

- Event metric reports to measure our collective reach,
- Links to all moderators, panels and event participants,
- Links to all session recordings
- List of all participating Learning Partners & Collective Members, and
- Resources to continue the equity and justice journey.

We encourage you to share widely within your internal and external communities to help further the message and advance the dialog. We hope you are as proud as we are about our collective accomplishments while recognizing there's still more to do.

# Series Impact Metrics

	EventBrite Registrations	EventBrite Unique Pages Views	Facebook Livestream Reach	Other Facebook Posts	YouTube Post Event Views	E-Mail Appeals and Invitations
<b>Part 1: A Most Beautiful Thing</b>	2,186	9.5k	5.6k	3.3k	673	252k
<b>Part 2: Shattering Barriers</b>	635	3.2k	2.9k	3.4k	250	252k
<b>Part 3: Lifting Youth Voices</b>	779	4.2k	1.7k	3.7k	517	252k

# Learning Partners

**Presented By:**

[Laird Norton Company](#)  
[Satterberg Foundation](#)

**Producer:**

Bill & Paula Clapp  
[Seattle Foundation](#)

**Director:**

[300Degrees Law](#)  
[Bill & Melinda Gates Foundation](#)  
[Casey Family Programs](#)  
[George Pocock Rowing Foundation](#)  
[Gro Development](#)  
[Herd Freed Hertz](#)  
[Imagine Housing](#)  
Lorenzini Family Foundation  
[New Beginnings Christian Fellowship](#)  
[PACCAR Parts](#)  
[Perkins Coie](#)  
[REI](#)  
[WaFd Bank](#)  
[Windermere Foundation](#)  
[YWCA Seattle/King/Snohomish](#)

# Collective Members

- [Asian Counseling and Referral Service](#)
- [Baseball Beyond Borders](#)
- [Bellevue Lifespring](#)
- [City of Auburn](#)
- [City of Enumclaw](#)
- [Compukidz Worldwide](#)
- [Copper Strategic LLC](#)
- [Eastside For All](#)
- [Howard S. Wright, a Balfour Beatty Company](#)
- [iUrban Teen](#)
- [King County Play Equity Coalition](#)
- [Langston](#)
- [Learning Communities Foundation](#)
- [MultiCare Health System](#)
- [Northwest African American Museum](#)
- [Pioneer Human Services](#)
- [Rainier Scholars](#)
- [Seattle Police Department](#)
- [Sprout](#)
- [Sterling Volunteers](#)
- [Swedish](#)
- [Treehouse](#)
- [Urban Games](#)
- [UW Center for Leadership in Athletics](#)
- [West Coast Pact of YMCAs](#)
- [Woodland Park Zoo](#)
- [YMCA of Pierce Kitsap County](#)
- [YMCA of Snohomish County](#)
- [YMCA of the North](#)
- [Youth Development Executives of King County](#)
- [YouthCare](#)

# Review of Part One From Trauma to Triumph

The [A Most Beautiful Thing](#) documentary and panel discussion featuring author [Arshay Cooper](#) was an incredible opportunity to advance equity and justice for all. When this learning series was conceived, we hoped that a community learning collaborative would emerge. We are so grateful for resources contributed by community that enabled the co-design, delivery, and accessibility of knowledge to deconstruct racism, lift new voices, and activate community. We are creating the generational change of equity and justice we pledge to our children.

Nearly 2,200 participants registered to view the story and inspiration of the documentary followed by a virtual panel discussion featuring panelists [Arshay Cooper](#), whose story is highlighted in the film; [Sara Lopez](#) - Director, UW Center for Leadership in Athletics; [Sean Goode](#) - Executive Director, Choose 180; and [Tai Anthony McMillan](#) - Rower, and current Stanford student.

Thanks to donations by our learning partners over 600 participants joined us for the Unleashing Potential For All panel discussion. We had moving conversations around the systemic themes of the film, how we as a community can begin to identify and disrupt the disparate impacts of systemic racism, and how we unleash the potential within ourselves, our organizations, and our communities.

Click [here](#) to view the recording, learn more about Unleashing Potential For All, and invite others to join us in this journey.



Arshay  
Cooper



Sean  
Goode



Sara  
Lopez



Tai Anthony  
McMillan



# COMMUNITY COMMENTS

## Session One: A Most Beautiful Thing

“There is a lot of work to do getting down in the weeds and pulling up the roots. That is individual work done by people who make a difference.”

“Arshay's optimism and the servant leadership that seems to come from his very core. I want to find what it is in me that is so passionate and inspiring...I think we all have something.”

“What stood out for me was hearing in-the-moment confirmation and re-emphasis of the themes I felt that I had observed in the film - need for & finding trust, vital role of support, people seeing people as people (without labels), how debilitating daily environmental trauma is on kids & generations of families.”

“...I appreciated especially Sean Goode's inspirational directive: "Dig out the roots. Plant new life.”

# UNLEASHING POTENTIAL FOR ALL

A Community Learning Series for Equity & Justice

Anchored by the YMCA of Greater Seattle



## Review of Part Two Shattering Barriers

The learning continued from Part One's inspiration of turning trauma into triumph from [A Most Beautiful Thing](#) documentary and panel discussion featuring author [Arshay Cooper](#).

Achieving equity and justice takes continuous practice of adapting cultures and spaces from welcoming diversity to full inclusion to equity and justice realized. Part Two of this series focused on the intersections of racism where a person's social, economic, and physical identities may contribute to complex levels of discrimination and racism. Often, Black, Indigenous, and People of Color experience multiple layers of discrimination from disabilities to breaking barriers in nontraditional spaces and environments that limits opportunities and widens the gap of inequities.

The national panel and community-led discussions dove deeper into dialogues with those with lived experiences of oppression and racism including [Kari Miller](#), 2016 US Paralympic Sitting Volleyball gold medalist and US Army veteran; [Ashleigh Johnson](#), 2016 US Olympic Water Polo gold medalist; [Cullen Jones](#), 2012 US Olympic gold medalist and first African American to hold a world record in swimming; [Kyle Boyd](#), NHL Seattle Kraken's Director of Youth & Community Development; [Michelle Hord](#), founder of Gabrielle's Wings; and, [Bookie Gates](#), founder of Athletes Beyond Border, who are amplifying their voices to build inclusion towards equity and justice. These are the game changers who are shattering barriers of racism. [Dr. Robin Martin](#), author and Deputy Director, The Bill & Melinda Gates Foundation and [Tom Hull](#), 1980 US Olympic team (rowing), moderated Part Two.

Click [here](#) to view the recording, learn more about Unleashing Potential For All, and invite others to join us in this journey.



Kyle  
Boyd



Bookie  
Gates



Michelle  
Hord



Tom  
Hull



Ashleigh  
Johnson



Cullen  
Jones



Robin  
Martin



Kari  
Miller

# COMMUNITY COMMENTS

## Session Two: A Most Beautiful Thing

“The story about the Olympic swimmer's father explaining that the woman who said he should be playing basket ball was because she thought the Olympian had stepped out of his approved space. I have been thinking about that relatable moment of oppression on repeat since.”

“Massive discrepancy in access to sport areas, parks and just plain places to play and grow. The importance of parents showing excitement and fun in learning about their kids sports (not just them winning). "Can't be what you can't see" Reinforced the incredible power of sports to nurture the body and spirit of people. The power of supporting each other on a team.”

“How essential it is for youth to see role models that look like themselves. I've known that, but the firsthand anecdotes were very powerful.”

# Review of Part Three Lifting Youth Voices for Equity and Justice



Sports are some of the most celebrated arenas of American culture. More than ever, they are playing pivotal roles in amplifying voices of our youth. Part Three focused on how young student-athletes must navigate cultures and power structures framed by adults who, with good intentions in mind, may cause harm in the development of their identities as they begin to explore what it means to be a welcomed and included member of a team and greater community.

Some of the most honor student-athletes to come out of the state of Washington joined this special panel: [Paolo Banchero](#), (O’Dea HS/Duke), High School All-American Basketball, who experienced a traumatic incident of [misidentification by police](#); [Harrison Clark](#), (Middlesex/Tufts), student and musician whose dream of NHL ended by the anti-Black culture of the sport; [Rosalie Fish](#), (Muckleshoot Tribal School/Iowa Central), Cowlitz Tribe member, who is bringing to light the [fight for justice](#) of missing and murdered indigenous women; [Mariah Lee](#), (Kentwood HS/Stanford) OL Reign, National Women’s Soccer League, who is advocating for Black youth and athletes in the classroom and in the lockerroom. [Tai Anthony McMillan](#), (Renton HS/Stanford), [a rower](#) who overcame institutional racism about Black student-athletes and academia.

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**Paolo  
Banchero**



**Harrison  
Clark**



**Rosalie  
Fish**



**Mariah  
Lee**



**Tai Anthony  
McMillan**

# COMMUNITY COMMENTS

## Session Three: A Most Beautiful Thing

“I learned, as I always know, systemic racism is real and deadly and must be eradicated.”

“That the experiences between the youth today and Tommie are not all that different. They still continue to fight through many of the same struggles and racism that was present years ago and they continue to be role models at the same time. I was also able to have my 12 year old son watch it as he is a huge Paolo fan and for him to hear his story and the stories of others of what they have been through led to some hard but good conversations in our house last night. I appreciate the youth being willing to share.”

“What stood out to me was how important it is to provide spaces and opportunities for our youth to lead and share their feelings and experiences. I find we invite youth voices too infrequently OR do not listen to their truths and experiences enough. The members of the panel, Tai as facilitator, and Dr. Tommie Smith were all fantastic. There was much to learn as well but that was my big take away.”

# COMMUNITY COMMENTS

## We Also Heard.....

*“Stop selling leftist propaganda ... there is no systematic racism or institutional racism in the USA.”*

*“...this series is division stoking that will make me never renew my membership at your YMCA”*

*“...such a racist event”*

*“I am not seeing trouble or injustices to the black and brown group of people... and find nothing of injustices toward the negro people... our “black” friends are not in slavery now.”*

# EQUITY & JUSTICE RESOURCES

- Make an Unleashing Potential for All Commitment at [FutureMe](#).
- Take [this survey](#) to share your feedback.
- Watch [A Most Beautiful Thing](#) on [Xfinity](#) (subscription) and [Peacock](#) (free)
- If you missed the panel you can [watch recordings now](#)
  - [Watch Part 3 \(Lifting Youth Voices for Equity and Justice\) Recording](#)
  - [Watch Part 2 \(Shattering Barriers\) Recording](#)
  - [Watch Part 1 \(A Most Beautiful Thing\) Recording](#)
- Systemic Racism Video - <https://bit.ly/2C1IA4I>
- Anti-Racism Resources - <https://bit.ly/39ZCEnK>
- Resources for Raising Anti-Racist Youth - <https://bit.ly/2Prt3fZ>
- Speak Up to Racism - <https://bit.ly/31kUNZr>

# EQUITY & JUSTICE RESOURCES

## YMCA of Greater Seattle Resources

- Social Impact Center - <https://bit.ly/30tL2Ja>
- Donnie Goodman, Senior Director of Behavioral Health Services - [dgoodman@seattleyymca.org](mailto:dgoodman@seattleyymca.org)
- Behavioral Health Services Call Number – 206-382-5340
- 24-Hour Crisis Line – 866-427-4747
- Unheard: Youth Homelessness - <https://bit.ly/30wcGFh>
- Virtual Y Resources - <https://bit.ly/39Xst34>
- Volunteer at the Y - <https://bit.ly/30uVgsx>
- Donate to the [Y Equity and Justice Community Fund](#)