



Egg Breakfast Burrito

Cooking Instructions:

1. Spray microwave bowl with cooking spray.
2. Break eggs into bowl and add water.
3. Whisk eggs and milk together.
4. Place bowl in microwave. Cook for 30 seconds
5. Mix egg mixture. Place back in microwave for 30 more seconds.
6. While the eggs cook, take your tortilla shell and place it on a plate, add your eggs, top with cheese, salsa and sour cream.
7. Enjoy!

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Ingredients List:

- 1-2 flour tortilla shells
- 2 table spoons shredded cheese
- 3 eggs
- 2 tablespoons water or milk
- Non-stick spray
- Salsa (optional)
- Sour cream (optional)

Kitchen Tools Needed:

- Microwave bowl
- Microwave
- Plate
- Fork or whisk

