



## Questions for reflection

After reviewing the film, please reflect on the following questions.

1. Former high school teacher, Craig Nash says, "You can't be what you can't see" when the team members first see a video about rowing. How may the lack of representation of diversity limit opportunities for people to unleash their potential?
2. The crew members speak of barriers and economic oppressive conditions they inherited including the lack of employment opportunities, education expectations, family pain passed down generation to generation, neighborhood violence and police mistrust. Being on the water brings "peace", says one crew member. How do you see each person searching for peace in this film and why?
3. When racing as a high school team, the crew's refusal to adapt to the rowing standards of uniforms plays a big role. What was the result of worrying about their own cultural expectations in clothing? Why did they adapt their belief later?
4. The mother of one of the crew members mentions explicit/overt racism she suffered in the South. How has racism changed over time? How does it look like today?
5. We all have some form of prejudice or bias. It is our way of creating shortcuts (implicit bias) to our own understanding, actions, and behavior of people, places, and events. What assumptions do the crew members make about rowing? About the Chicago Police? What assumptions did the police make about the crew members? Did your own assumptions change about the crew or police? How?
6. Trauma from issues including, but not limited to, drug abuse, violence, sexual assault, and imprisonment has impacted each of these men and their families. What resources and opportunities would have been needed to prevent these issues? What action can we take to bring access to these solutions?
7. In the second half of the film, the team returns to rowing for various reasons including changing their life narratives, breaking negative generational cycles and building an inclusive community. How can we get in the same boat to address generational cycles of access to resources that may result in poverty, trauma, and violence after viewing/discussing this film?
8. Arshay and the team decided to connect with the Chicago Police Department to dispel previously held beliefs. How can partnerships like this improve community relationships for all of us, especially underserved youth?

Thank you for the generous contribution of our learning partner, Laird Norton