Poets and Peaks
GOLD 2017

Day One
- Leave CPC ~12pm
- Stop at WIC for bear cans & permits
- Camp at Newhalem

Day Two
- Shuttle from Newhalem to Ross Dam (Leave NH by)
- Ferry from Ross Dam to Hoquiam trailhead at 8am
- Hike to Camp at Hoquiam Lake (~4.0 miles)

Day Three
- Hike to Nightmare (~5.5 miles)

Day Four
- Hike to Deerlick (~2.5 miles)

Day Five
- Hike to Lightening Creek (~3.9 miles)

Day Six
- Layover Day at Lightening Creek

Day Seven
- Ferry from Lightening Creek to Ross Dam at 8:30am
- Get there at 8am
- Pick up at Ross Dam Trailhead ~10am
- Get to CPC ~2-3pm; Graduation at 5pm
TOOLS FOR RESOLVING CONFLICT THOUGHTFULLY

W What happened?

O Ownership

M Mile in their shoes

P Plan for moving forward

C Concern

F Feeling

R Request
AFTER DINNER, WE HAD COURAGE CIRCLE AROUND THE ROARING FIRE, STARTING WITH ROSEBUDTHORN GARDENER, THAN APPRECIATIONS, THAN CASTING OUR FEARS INTO THE FIRE, THAN RELEASING OUR HOPES INTO THE SMOKE TO BE TOLD TO THE WORLD.

GOING TO SLEEP WAS PEACEFUL, WARM AND TOASTY IN MY SLEEPING BAG (THOUGH SOME OTHER PEOPLE WERE NOT).

8/24/17

TODAY'S HIKE, THOUGH LESS IN MILEAGE THAN THE 5.5 ONE, SEEMED ALMOST HARDER TOWARDS THE END. THREE WORDS: DUST & DOWNHILL.

WE LEFT THE CAMPSITE AT AROUND 9:30 AND ARRIVED AT LIGHTBING AT ABOUT 11:00. DEFINITELY HIKING AT A FASTER PACE THAN YESTERDAY. THE CAMPSITE IS VERY NICE - IT'S A BOAT-IN ONE, SO IT HAS STUFF LIKE TENT PADS, BEAR BOXES, PICNIC TABLES, BATHROOMS (WITH TOILET PAPER!) AND NEIGHBORS. LUNCH AS ALWAYS, WAS PB OR CHEESE & MEAT ON TORTILLAS, EXCEPT WITH ONE ADDED INGREDIENT: BEEF! YEAH, NO THANKS. @CRAIG coppola EMILY AND RIZZO GAVE THE VERY HELPFUL ADVICE ON BE A ROCK.

AS I'M WRITING THIS, WE'RE SITTING BY THE LAKE, NESTLED IN BETWEEN MOUNTAINS. THE WATER IS ABSOLUTELY FREEZING, BUT SUNSHINE SOMEHOW DUNKED HER HEAD IN. THE VIEW IS INCREDIBLE, LAYERS OF BLUE MOUNTAINS THE BACKGROUND FOR SPARKLING WATER.

AFTER SOLO TIME, A DEER LICKING A PICNIC TABLE WAS SPOTTED; CUTENESS OVERLOAD AND ODD DISCUSSION ENSUED. DINNER WAS DELICIOUS COUS-COUS, PIZZA, AND PEANUT BUTTER CURRY SUPPLEMENTED WITH SUNSHINE'S INCREDIBLE STORIES.