In gratitude to our members, volunteers, contributors, community partners, and employees: together, we created new opportunities, expanded our reach and addressed social inequities to help strengthen communities and all people in our region.

**THE Y IS WHERE OUR COMMUNITY GETS HEALTHY**

**Healthy Living**

- **12,686**
  - 12,686 individuals accomplished personal goals in swimming lessons, gaining confidence and learning water safety skills.

- **1,062**
  - 1,062 people took steps to prevent and manage chronic disease through Y programs like Lose to Win, LiveStrong Cancer Survivorship and Diabetes Prevention, resulting in improved health outcomes and reduced need for medical intervention.

- **232,640**
  - 232,640 people across King and south Snohomish County improved their health through Y programs, services and activities.

- **17,000**
  - 17,000 elementary students learned healthy practices and how to be inclusive of others at recess through our Play Everyday! program serving 33 schools across the region.

**THE Y IS WHERE CRITICAL NEEDS ARE MET**

**Social Services**

- **4,514**
  - 4,514 children, youth, and young adults received trauma-informed holistic care that supported them to become safe and stable, and develop lifelong resiliency skills.

- **330**
  - On any given night, 330 young people received safe and clean housing and behavioral health resources at the Y.

- **83%**
  - 83 percent of teens and young adults who experienced homelessness or aged out of foster care transitioned into permanent housing after being engaged in Y programs.

- **90%**
  - 90 percent of children and youth who required behavioral health crisis intervention were stabilized and able to remain safely at home.

**Hunger Programs**

- **215,485**
  - 215,485 meals were served to vulnerable kids and families in partnership with 27 community organizations, schools and local and county government agencies.

- **14.5%**
  - Increased access to summer meals by 14.5 percent over 2018 through five new partnerships in South King County.
THE Y IS WHERE KIDS FIND THEIR WAY

**Camp & Outdoor Leadership**

- **28,000**
  - Over 28,000 kids strengthened relationships, built confidence, developed life skills, practiced teamwork, and tried new activities in Camping & Outdoor Leadership programs.

- **1 in 5**
  - One in five families received financial aid for summer camp to access transformational adventures.

- **12,000**
  - Over 130 school groups, 12,000 youth, and their chaperones strengthened their knowledge of science and teamwork skills through hands-on environmental learning.

- **889**
  - Earth Service Corps engaged 889 youth at 56 middle and high schools. Participants performed over 8,000 hours of environmental service in their communities.

**Youth & Government**

- **1,265**
  - 1,265 middle and high school age youth participated in Youth & Government state-wide, (450 from King County), fostering a sense of civic responsibility and leadership skills.

- **787**
  - 787 youth participated in Mock Trial, and 478 participated in Youth Legislature state-wide gaining knowledge of our legal systems through direct experience.

**Child Care & Early Education**

- **3,359**
  - 3,359 kids developed skills and confidence through Child Care and Early Education programs increasing enrichment and social emotional learning.

- **1 in 3**
  - One in three elementary schools in King County partnered with the Y for before and after school programs, reaching 11 school districts: Auburn, Bellevue, Highline, Issaquah, Kent, Lake Washington, Northshore, Riverview, Seattle, Shoreline, and Snoqualmie.

- **26,550**
  - Day Camp delivered 26,550 sessions, inviting almost 8,000 kids to discover and develop their interests outside the classroom.

THE Y IS WHERE EQUITY IS IN ACTION

- **$12.2M**
  - As part of our commitment to health equity, $12.2 million was awarded in scholarships to members and program participants, ensuring the Y is accessible to all economic levels.

- **1,000+**
  - Over 1,000 participants, 500 volunteers, and 65 community groups participated in Welcoming Week, a celebration of new immigrants to the United States and longtime neighbors.

- **500**
  - 500 YGS staff participated in the launch of a new Cultural Competency Training designed to deepen awareness and understanding of how the Y’s equity statement shows up in our work everyday.

- **120**
  - Two Birthday Bashes welcomed 120 immigrant and refugees on January 1, the date that those without birth certificates are given as their official birth date.
THE Y IS WHERE COMMUNITIES THRIVE

$9.2 million
14,119 donations were made by individuals and organizations totaling $9.2 million invested back into local communities.

140,710
Volunteers invested 140,710 hours of time serving their communities through the Y, valued at $3.57 million.

100+
Hundreds of partnerships were nurtured and developed with businesses, foundations, nonprofits, tribal councils, local, county, and state agencies, and community members to develop community-based solutions.

560
560 Y staff speak a second language; including Spanish, Somali, American Sign Language, Vietnamese and Tagalog. By reflecting the communities we serve, the Y designs and delivers culturally relevant programs and breaks down health inequities due to lack of access.

THE Y IS WHERE WE MEET NEW NEIGHBORS

Kent YMCA opened to the community Sept. 14th

131,730
Kent YMCA opened, providing the city’s 131,730 residents a place where people of all ages, cultures, and backgrounds can come together to be active and healthy.

7,248
7,248 Kent members received financial assistance, (43% of members) ensuring the Y is accessible to all economic levels.

1,040
1,040 people participated in Women’s Only Swim, a program that welcomes women who practice religious modesty to swim comfortably.

$25.6M
$25.6 million was contributed by individuals, businesses, foundations, and public agencies to ensure this new community resource will be available for generations to come.

MISSION STATEMENT: Building a community where all people, especially the young, are encouraged to develop their fullest potential in spirit, mind, and body.

The YMCA is a 501(c)(3) non-profit social services organization dedicated to Youth Development, Healthy Living, and Social Responsibility. Our tax identification number is 91-0482710.